



CNY Regional Planning Consortium:
CFTSS/HCBS Provider Information Packet
Last Updated: 3/18/2020



Berkshire to Health Program: Medicaid Managed Care Behavioral Health Program

Our program has 3 divisions:
CFTSS services, Care Management and HCBS services

Currently our agency is licensed under Article 29i to provide CFTSS and HCBS services to the Foster Care population, we will be pursuing expansion of our licensure later in 2020.

Of the **CFTSS services** we are providing:
Other Licensed Practitioner (OLP), Community Psychiatric Supports (CPST) and Psychosocial Rehabilitation (PSR).

For **HCBS services** we are providing:
Community Self Advocacy Training Support (CSATS), Caregiver/Family Support Services (CFSS),
Prevocational Services, Supported Employment, Respite Services (Planned and Crisis).

Contact information for the 3 programs is:

Children's Health Home Care Management
Sarah Johnson, MS Psychology
Director of Care Management
518-527-2877 sjohnson@berkshirefarm.org

HCBS Services
John Muschko, MS Ed
Director of Behavioral Health Business Development
518-416-7392 jmuschko@berkshirefarm.org

CFTSS
Jennifer Parker, LCSW-R
Clinical Director for Behavioral Health
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Catholic Charities of Onondaga County helps people in need regardless of their religion, race, ethnicity, or nationality. We assist over 19,000 people annually through programs for people of all ages and stages of life. We believe that all people have infinite value and are worthy of our respect and compassion. Above all, we are committed to *creating hope and transforming lives*.

Mission Statement

Catholic Charities of the Roman Catholic Diocese of Syracuse is dedicated to caring for those in need while promoting human development, collaboration, and the elimination of poverty and injustice. We strive to empower those served to transform their lives in the spirit of God's love and compassion.

Our services and programs represent our best efforts to face the challenges in our county.

Join us as we resolve to never get used to the poverty and decay around us.

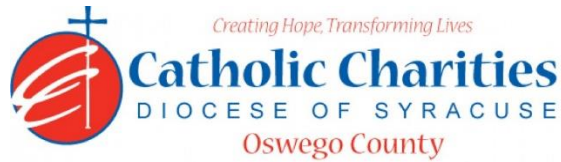
- Crisis Response- Shelter, Financial Aid, Relocation and Housing Stability
- Achieving Stability- Supportive Housing, Health Care Management, Elderly Services and Refugee Services
 - We have an Arabic speaking Care Manager.
 - Health Home is a care management service that coordinates all of the professionals involved in an individual's care so that the individual's medical, behavioral health and social service needs are addressed comprehensively. The goal is to make sure individuals get the care needed through the following services: referrals/linkage to providers, coordination of care including appointment reminders and assistance with transportation, health promotion through advocacy, transitional care from inpatient to other settings, and individual and family support. To be eligible, individuals must be Medicaid eligible and have one of the following: two or more chronic conditions, HIV/AIDS, one severe and persistent mental health condition (adult), severe emotional disturbance (children) and/or complex trauma (children).
 - We have a partnership with 12 of the SCSD school as well as Upstate.
 - We only serve Onondaga County.
- Building Capacity- Parent Education Programs and Services, Individual and Family Counseling, Recovery Services and Employment Training

Rick Kline
Program Director
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Catholic Charities of Oswego County offers the following services to children and families in Oswego County:

CFTSS – Psychosocial Rehabilitation Services (PSR) provided through a mentoring program for youth age 21 and younger who are enrolled in Medicaid and have mental health needs.

Youth who have mental health needs but do not have Medicaid can receive these services through our AMP program (Mental Health Advocacy and Mentoring Program). You can make referrals to this program through Oswego County DSS – Mental Hygiene Division’s SPOA.

We also offer our CYO programming which promote positive development for Oswego County school age youth from 2nd Grade through age 21. Currently we are open 5 days a week between the hours of 2:30 pm and 6:30 pm. A snack and dinner are provided for youth 18 years and younger sponsored by the USDA through Oswego County Opportunities (OCO)

Beginning April 11th 2020, we will be open on Saturdays with a focus on families between the hours of 10 am and 3:00pm. No snack or meal provided.

During the summer we offer our CYO Summer Recreation Program 5 days per week between the hours of 8:00 am and 5:00 pm, which offers kids activities, sports, crafts, field trips and more. Also included are a free breakfast and lunch sponsored by the USDA through OCO for youth 18 years old and younger. This programming comes free of charge to the youth in Oswego County.

Catholic Charities of Oswego County also offers Children’s Health Home Care Management for children from birth to age 21 who are enrolled in Medicaid and meet the NYS DOH eligibility criteria of having one or more of the following:

- a). Two Chronic Conditions
 - b). HIV/AIDS
 - c). Serious Emotional Disturbance, or
 - d). Complex Trauma
- AND

Child/Youth has significant behavioral, medical, or social risk factors that can be addressed through care management.

Other programs offered at Catholic Charities of Oswego County that can impact Families and Youth are our Emergency Services Program, Community Services Program, Parent Education Program (must have an open Preventive or Foster Care Case with Oswego County DSS) and Family Care Management.

Contact Information:

Tim Archer, Community Engagement Coordinator
tarcher@ccoswego.com
315-598-3980 ext. 269



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Cayuga Centers, a nationally accredited and awarded human services agency in existence since 1852, has over 165 years of experience in providing a continuum of services to support youth, families, and individuals who need help meeting the challenges of life. The agency's core mission is to help individuals and families grow as independent, healthy, and productive citizens through quality counseling, out-of-home care and support services. We do this in partnership with those we serve as well as government agencies and other service providers.

Today, Cayuga Centers provides nationally validated and evidence-based interventions including FFT, MST and SafeCare throughout much of New York State as well as research-informed programs such as Treatment Family Foster Care (TFFC) and short-term respite. Our TFFC program now spans from Central New York to New York City, Delaware and Florida. In addition to these services, the agency offers a wide range of services to those with intellectual and developmental disabilities. Over the last two decades, Cayuga Centers has expanded its range of services to include 32 counties throughout New York State. Within New York City, Cayuga Centers now provides services out of four program sites.

CFTSS Designations

Cayuga Centers is designated to provide all CFTSS to the Foster Care Population throughout New York State. The agency is designated to provide PSR and FPSS only to the General Mental Health population as well. Below is a list of service designations by within this area:

- **Cayuga** - OLP (Foster Care), CPST (Foster Care), PSR (Foster Care and Mental Health), FPSS (Foster Care and Mental Health), YPST (Foster Care and Mental Health)
- **Onondaga** - OLP (Foster Care), CPST (Foster Care), PSR (Foster Care and Mental Health), FPSS (Foster Care and Mental Health), YPST (Foster Care and Mental Health)
- **Oswego** - OLP (Foster Care), CPST (Foster Care), PSR (Foster Care and Mental Health), FPSS (Foster Care and Mental Health)
- **Oneida** - OLP (Foster Care), CPST (Foster Care), PSR (Foster Care and Mental Health), FPSS (Foster Care and Mental Health)
- **Madison** - OLP (Foster Care), CPST (Foster Care), PSR (Foster Care and Mental Health), FPSS (Foster Care and Mental Health) *** Team Pending*

*** Please note* – due to staffing needs, referrals are not currently being accepted in those areas where teams are pending. The agency is actively recruiting staff in those regions and will be able to begin services soon.

For any questions on CFTSS or to send completed referral forms contact:

Kelly Ware, Vice President of Respite and Medicaid Services

(315)253-5383 x1131

kelly.ware@cayugacenters.org



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CIRCARE

INTEGRATING HEALTH SERVICES

Children and Family Treatment and Support Services (CFTSS) Provided by Circare:

1. **Other Licensed Practitioner** - Evaluation/Assessment, Treatment Planning, Psychotherapy, and Crisis Intervention Activities
2. **Psychosocial Rehabilitation Services**- Social and Interpersonal Skills, Daily Living Skills, and Community Integration.
3. **Community Psychiatric Support and Treatment**- Crisis Avoidance, Intermediate Term Crisis Management, Intensive Interventions, Rehabilitative Psychoeducation, Strengths Based Service Planning, and Rehabilitative Supports
4. **Family Peer Support and Services** – Parent Skill Development, Community Connections, Natural Supports, Self-Advocacy, Self- Efficacy, Empowerment, and Engagement
5. **Youth Peer Support and Training** – Skill Building. Coaching, Engagement, Transition Support, Empowerment, Community Connections and Natural Supports.

Children’s Home and Community Based Services (HCBS) Provided by Circare:

1. **Prevocational Services** - Effective Communication, Dressing Appropriately, How to Follow Directions, How to Complete Tasks, Proper Attendance, Workplace Behavior, Problem Solving and Career Planning.
2. **Caregiver Family Support and Services** – Enhances the Family’s Ability to Care for Child/Youth in the Community. Services to Help the Child/Youth Function Better in the Family Unit.
3. **Community Self Advocacy Training and Support**- Provides Family/Caregivers Support with Information and Training to Help Support the Child. Addresses Needs Related to the Child’s Disability.
4. **Planned Respite** – Short Term Assistance to Family and Caregivers by Providing Relief in Times of Need.

Contact Information:

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cportorsnok@cir.care



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CARE MANAGEMENT:

Eligibility Requirements: Children/Youth from birth to age 21 must be enrolled in Medicaid AND meet eligibility criteria by having two or more chronic health conditions OR one of the following single qualifying conditions (Serious Emotional Disturbance, Complex Trauma, HIV/AIDS). Elmcrest has experts on staff that will work with you to determine if a child demonstrates they would benefit from Health Home Care Management Services.

Referral Process: Any parent / guardian, community member, or service provider can make a referral.

Services: Through a Care Manager at Elmcrest, enrolled members will receive:

- Comprehensive Care Management: provides a single point of contact to manage, on a continuous basis, all of the unique medical, behavioral, and social needs of families.
- Care Coordination and Health Promotion: ensures the services the child needs are coordinated and communicated between family, the school, and the medical community serving the child.
- Comprehensive Transitional Care
- Individual and Family Support: provides an opportunity for the family to receive the help they need in order for their child to stay healthy in school and the community.
- Referral to Community and Social Support Services.

CHILDREN AND FAMILY TREATMENT AND SUPPORT SERVICES (CFTSS)

Eligibility Requirements: Children/Youth must have or be eligible for Medicaid and/or enrolled in Medicaid Managed Care.

Target Population: Children 0-21 years old that have social, emotional, and/or behavioral health needs.

Referral Process: Anyone can make a referral for CFTSS services. Submit to Brianna Dewhirst.

Services: These services are designed to assess for mental health & substance abuse, identify strengths and abilities, provide therapy where you are most comfortable, learn to incorporate therapy goals into everyday life, build relationships, learn self-care and coping skills to manage emotions.

Other Licensed Professional (OLP/Licensed Clinician)

- Licensed Evaluation and treatment planning
- Therapy can be provided in the home- individual, family, etc. Youth that have a treating therapist in clinic can still receive this service but it cannot be a duplication of service.

Community Psychiatric Supports and Treatment (CPST)

- Counseling
- Crisis Avoidance & Management: Identify skills for future crisis and identify precursors or triggers. Supports youth/family after a crisis .
- Provide education to youth, family members or collaterals to maintain youth in the community (Example: triggers, coping skills etc.)
- Assist the youth, family and collaterals to identify resources in the community, associated with the identified needs.
- Improving life skills-making appointments, access to emergency services, basic safety practices, etc.

Psychosocial Rehabilitation (PSR)

- Increase social and interpersonal skills, daily living skills and community integration.

HOME AND COMMUNITY BASED SERVICES (HCBS)

Eligibility Requirements: Children/Youth seeking HCBS must be under 21 years old and eligible for Medicaid. An eligibility assessment must be completed by a Care Manager to determine if a child/youth is eligible.

Target Population:

- Children with Serious Emotional Disturbance (SED) with or without co-occurring Substance Use Disorders (SUD)
- Children with a Developmental Disability
- Children who are Medically Fragile and children who are Medically Fragile with a Developmental Disability

Referral Process: Complete a HCBS referral form and submit to Brianna Dewhirst

Services: HCBS are designed to offer support and services to children in non-institutionalized settings that enable them to remain at home and in the community. Services are individualized to meet the health, developmental, and/or behavioral health needs of each child/youth. These services are provided in a flexible, complimentary package that evolves over time to meet the changing needs of children. HCBS are intended to be provided to a child and family in their home and/or the community. The array of services is intended to assist children in being successful at home, in school, and in their other natural environments to help maintain them in their community and avoid higher levels of care and out-of-home placements.

- Community Habitation
- Caregiver/ Family Supports and Services
- Respite
- Prevocational Services
- Supported Employment
- Community Self-Advocacy Training and Supports

Brianna Dewhirst
Director of Admissions – Medicaid Managed Care Services
315-463-9415 x11
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Children and Family Treatment and Support Services provide a number of services to a child/youth and family based on need and family preference. These services include:

- **Other Licensed Practitioner (OLP)** – provides assessments for mental health and/or substance use needs. Also provides individual, group or family therapy in the home and/or community.
- **Community Psychiatric Supports and Treatment (CPST)** – provides assistance to incorporate therapy goals into everyday life, as well as provides assistance to learn how to manage emotions and learn coping skills.
- **Psychosocial Rehabilitation (PSR)** - provides assistance in learning communication skills, social skills, independent living skills and/or self care skills.
- **Family Peer Support Services (FPS)** – provides caregivers raising youth with mental health and/or substance abuse challenges assistance by a Credentialed Family Peer Advocate to; locate resources available to the family, help the family make informed decisions and assists the caregiver to strengthen and build their natural supports and resources.
- **Youth Peer Support and Training (YPS)** - provides formal and informal services and supports to youth who are experiencing social, emotional, medical, developmental, substance use, and/or behavioral challenges. These services provide the training and support necessary to ensure engagement and active participation of the youth in the treatment planning process and with the ongoing implementation and reinforcement of skills learned throughout the treatment processes.

Home and Community Based Services provide a number of services to a child/youth and family based on level of care and family preference. HCBS are intensive services that require participation in Children’s Health Home Care Management Services and Level of Care determination prior to enrollment. Of these services, Hillside provides:

- **Caregiver/Family Supports and Services:** provides assistance to enhance the child’s ability to function as part of a caregiver/family unit and enhance the caregiver/family’s ability to care for the child in the home and/or community.
- **Respite:**
 - **Planned Respite:** provides planned short-term relief for family/caregivers that are needed to enhance the family/caregiver’s ability to support the child’s functional, mental health/substance use disorder, developmental, and/or health care issues.
 - **Crisis Respite:** provides a short-term intervention strategy for children and their families/caregivers which are necessary to address a child’s behavioral health, developmental, or medical crisis or trauma, including acutely challenging emotional or medical crisis in which the child is unable to manage without intensive assistance and support.
- **Community Self-Advocacy Training and Supports:** provides assistance to improve the child’s ability to participate in and gain from the community experience, and enables the child/youth’s environment to respond appropriately to the child/youth’s disability and/or health care issues. Community training and support assists the child, family/caregiver, and other collateral contacts in understanding and addressing the child’s needs related to their disability(ies), to aid the child’s integration into age-appropriate activities

Hillside Family of Agencies | 585-256-7500 | info@hillside.com



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Liberty Resources works to create a brighter future for children and families at risk due to poor economic, social, and health conditions. Our programs work to strengthen and protect families and to empower young people, caregivers, and parents to thrive and overcome challenging circumstances.

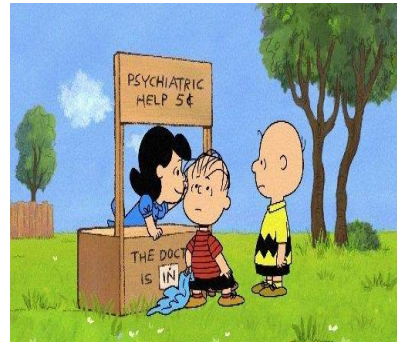
- **Crisis Response:** We de-escalate emotional distress and help people pursue the most appropriate course for their future concerns. Our continuum of care includes phone and in-home crisis supports as well as short-term housing and peer supports.
 - Mobile Outreach & Residential Respite Services
 - Substance Use Recovery & Support Services
- **Community Based Support:** Our programs provide family-centered therapeutic care, ongoing evaluation, and assessment of the family's strengths and needs. And we provide not only trauma-sensitive care and treatment but also solution-focused therapy to build the skills necessary to maintain a safe, nurturing, and healthy home environment.
 - Juvenile Justice & Child Welfare Support Services
 - Children's Community Support Services
 - Substance-Use-Disorder Family Supports
 - Care Coordination
 - **Onondaga County** includes HCBS services and some CFTSS services (PSR, CPST, OLP, Crisis Intervention, Family Peer Support and Services)
 - **Cayuga County** includes HCBS services and some CFTSS services (CPST, OLP, Crisis Intervention, Family Peer Support and Services).
 - We will be opening shortly in **Cortland County** for CFTSS and HCBS. We will provide CPST, OLP, Crisis Intervention, Family Peer Support and Services.
- **Domestic Violence & Sexual Assault:** We provide the support and services that individuals need after the trauma of domestic violence or sexual assault, no matter when the traumatic event occurred. We provide safe housing, crisis counseling, and advocacy for all.
- **Substance-Use-Disorder Family Supports:** Our Recovery Support Navigator service provides peer-support and family-support services that are designed to guide, educate, and support families through the treatment for addiction and recovery process.
- **Foster Care & Kinship Services:** We provide clinical, skill-building, independent-living, foster-care, and case-management services for children who are at risk—so that they can get the level of care and support they deserve.
- **Early-Childhood Diagnostic & Pediatric Therapy:** We focus on communication, social relationships, and functional skills to help improve the development and well-being of children aged 5 and younger to prepare them for what comes next in life.
- **Integrated Behavioral Health:** Our multidisciplinary team includes social workers, marriage and family therapists, licensed mental health counselors, psychiatrists/nurse practitioners, and registered nurses—all of whom support children and families through child-directed play and evidence-based treatment.

Jennifer Bittel

Director of Children's Community Support Services

315-425-1004 X1555

jbittel@liberty-resources.org



Free Mental Health Consult for Primary Care

Let your PCP (MD, DO, NP or PA) know:

- **Call: 855-227-7272** for free MH phone consult within 2 hrs for children ages 0-21
- **Go to: projectTEACHny.org** for screening tools and more information about us
- **Enroll** in a course in Child and Adolescent Psychiatry:
 - In Syracuse, May 17-18
 - 11-16 free CME credits

Go to: projectTEACHny.org

Hargrave 3/11/20



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The **Q Center at ACR Health** has historically been a center of support for lesbian, gay, bisexual, transgender and questioning youth throughout Cayuga, Herkimer, Jefferson, Lewis, Madison, Oneida, Onondaga, Oswego, and St. Lawrence counties in New York State.

Regionally we offer a number of programs, support group meetings and activities for LGBTQ youth:

- Qkids -LGBTQ youth ages 12 and under and their parents
 - Parents are encouraged to contact our Family Peer Advocate before attending group at 315-475-2430 ext 2412
- LGBTQ Youth & Allies ages 13-17
- Trans & Gender Expansive Youth ages 13-24
- Parents/ Caregivers of Trans & Gender Expansive youth of any age
 - Parents are encouraged to contact our Family Peer Advocate before attending group at 315-475-2430 ext 2412
- Steppin' Out LGBTQ Young Adults ages 18-24

Additional Programs:

- Case Management
- Young Men's Project
 - Support groups for men attracted to other men 18 & up
- Free & Confidential HIV/STI testing
- Comprehensive Adolescent Pregnancy Prevention Program (CAPP)
- Family Peer Advocacy for parents of LGBTQ youth especially Trans & gender expansive youth
 - Our Credentialed Family Peer Advocate works with families and caregivers one on one to assess for needed supports, link to appropriate medical and mental health providers, provide education and resources and advocates for support in schools.

For more information

315-475-2430

www.acrhealth.org



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The Salvation Army is currently providing psychosocial rehabilitation (PSR) or skill building to Onondaga County.

- Skill builders are available to provide visits and activities to youth age 0-21, 7 days a week including evening and weekend hours.
- There are 4 skill builders, male and female, that are providing skill building services to youth.
- The Salvation Army is hoping to continue to grow and hire to a full team of 8 skill builders in the coming months to maintain short wait times and serve youth and families as timely as possible.
- There is currently no wait list- with 6-8 immediate slots available for eligible youth.

The Salvation Army has not received approval to provide CPST or OLP from New York State OMH at this time; once approval is received CPST and OLP will be added to the CFTSS array provided by The Salvation Army to Onondaga County.

The Salvation Army has partnered with Hillside Children's Center to provide YPST and FPSS to families served by the Salvation Army who would like those services.

The Salvation Army is a designated provider for planned and crisis respite but is not currently offering these services to the community. The Salvation Army is planning to provide these services in the future when the program can be implemented with necessary staffing and program structure in place.

For any questions regarding CFTSS/HCBS programs or referrals to the skill building program please contact:

Breyanna Locke
Family and Children's Behavioral Health Program
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Toomey Residential and Community Services is a not-for-profit agency affiliated with Catholic Charities of Onondaga County operating under the umbrella of the Roman Catholic Diocese of Syracuse. We employ 174 staff and serve approximately 265 persons on an annual basis. We have a 12 member board of directors who provide governance and community input and support.

Toomey services a wide variety of vulnerable populations in the community including individuals with intellectual and developmental disabilities, children with mental health disorders and their families, youth in foster care, and unaccompanied refugee minors (URM).

Toomey has multiple programs that serve children and families. Toomey is designated to provide 3 of the CFTS services, OLP, CPST, and PSR. Clinical supervision to all staff is provided by an LCSW and we employ a number of LMSWs.

Toomey provides **Children's Health Home care management** which provides strength based, youth focused services to assist children that meet qualifying criteria for Health Home services. They assist children and families in identifying and accessing needed medical and behavioral healthcare, social services, education, financial, vocational, housing and other supports.

Toomey operates a **Children's Community Residence** which is certified by the Office of Mental Health, OMH. The Children's Community Residence is an eight bed home located in the Baldwinsville School District. The program serves children, male and female, ages 7 to 13 that have significant mental health diagnoses, and may have experienced psychiatric hospitalizations which make remaining in their homes unsafe or challenging. The children are voluntarily placed by their parent or guardian accessing admission through the local county admission process.

Toomey provides **multiple levels of foster care** to meet the unique needs of each child. These levels of care include 2 agency operated boarding homes, a supervised independent living program, and traditional foster homes. Toomey Residential is a New York State licensed foster care provider. The agency recruits, certifies and supports foster families in Onondaga County. The agency provides both general and therapeutic foster care for children, ages birth to age 21.

In addition to these domestic foster care programs Toomey operates one of only **22 nationwide Unaccompanied Refugee Minor Programs (URM)**. This is a specialized federally funded foster care program. In addition to oversight at the state and county level there is oversight at the federal level by the Office of Refugee Resettlement

The **URM program goals** are acculturation to the United States, preservation of one's culture of origin, advancing education and learning English, and the development of independent living skills. The program offers intensive case management services, tutoring, interpretation services, immigration support, and in house culturally sensitive trauma informed counseling by an LCSW. The URM program's capacity is 50 with the average ages between 15-20, although we do occasionally receive younger children. URM's have been identified as the world's most vulnerable population and the youth in our program come with extensive trauma histories. In spite of this these young people are incredibly resilient and the generally do very well post resettlement.

Jenna Curtin- Chief Clinical Officer. jcurtin@toomeyresidential.org