



Office of Addiction
Services and Supports

Office of
Mental Health

Office for People With
Developmental Disabilities

2023 Goals and Plans Form

Wyoming County Mental Health Department

Goal 1: Wyoming County will create a culture that is consistently trauma-informed and will provide trauma-informed services.

Goal 2: Increase access to crisis services for Wyoming County residents.

Goal 3: Increase cross system services collaboration for individuals in Wyoming County.

Goal 4 (Optional): Increase employment opportunities for individuals with I/DD.

Goal 5 (Optional): Develop new housing opportunities in Wyoming County for individuals with mental health, substance use disorder and/or developmental disability diagnosis.

Goal 6 (Optional): Persons in recovery from alcohol and substance abuse, especially high need individuals and their families, will know how to access community-based recovery-focused supports and services.

Goal 7 (Optional): Increase access to Residential Treatment Services in Wyoming County for individuals with substance use disorder.

Goal 8 (Optional): Individuals with Mental Health Disorders, Substance Use Disorders, and/or I/DD will have increased access to transportation services.

Goal 9 (Optional): Increase awareness of workforce shortage/waitlist for services in order to advocate for change.

Annual and intermediate plans for addiction services:

Remember when that barge got stuck in the Suez Canal and it took over a week to get it unstuck? Picture the system as a ship, and the LGUs as the little excavator pushing the ship. Change happens slowly. Nonetheless, the LGU wants to make sure that the system flows and works for all and that individuals are not waiting like ships in the sea to cross the canal from addiction to recovery. Here are the changes that we will make regarding addiction services in Wyoming County.

The County will create a culture that is consistently trauma-informed and ensure that services are provided in a trauma informed manner. The county currently operates a monthly trauma-informed system of care collaborative, which focuses on TI initiatives practices in county agencies and promotes education and idea sharing. The LGU continually seeks opportunities to promote ACEs education and TI practices. The LGU will emphasize strengths-based, person-centered language in OASAS programs and during interactions with other providers and the criminal justice system.

The County will increase access to crisis services by promoting adherence to CIT principles within the law enforcement community. We also collaborate with our public

health department to promote harm reduction strategies, increasing community availability of Narcan and fentanyl test strips.

Housing and residential treatment services have long been an area in need of improvement in Wyoming County. The county will continue to share funding opportunities with the contracted provider and collaborate on funding opportunities when applicable. The county will also research additional housing and residential services providers who may be looking to expand in a rural area. During this process the LGU will also work to reduce stigma toward this population, as this has been a limiting factor.

Our county's goal is that persons in recovery from alcohol and substance abuse, especially high need individuals and their families, will know how to access community-based recovery-focused supports and services. The LGU is in the beginning stages of developing a recovery community in Wyoming County. We plan to offer increased self-help meetings and sober activities. We are seeking recovery champions to aid in this work.

Individuals with Substance Use Disorders will have increased access to transportation services. The contracted substance use provider plans to hire a part-time driver to assist in transporting clients to and from clinic appointments. The LGU is collaborating with several community service agencies to improve transportation services within the county. The LGU will research funding opportunities in order to develop a transportation hub/mobility management system to increase access to reliable transportation.

Increase awareness of workforce shortage/waitlist for services in order to advocate for change. The county will monitor waitlists and report on local workforce shortages to OASAS. The recovery center initiative may serve as a bridge to treatment or bridge the gap for individuals who are waiting for formalized services. A recovery center as above can also serve as an incubator for certified peers and/or credentialed counselors.

Annual and intermediate plans for developmental disability services:

The LGU's goal is to partner with OPWDD and I/DD serving agencies to increase our knowledge of this system, thus creating better services and understanding for all involved.

The County will create a culture that is consistently trauma-informed and ensure that services are provided in a trauma informed manner. We will work with DD-serving providers, consumers and families to determine the impact of ACEs on their populations and determine the best ways to assist in increasing trauma-informed practices within these agencies.

The County will increase access to crisis services for the I/DD population. We will support and promote the services of Crisis Services for Individuals with Intellectual and/or Developmental Disabilities (CSIDD) program within the community including the roll-out of the new Collaborative Mobile Response Team (CMRT) pilot project. In

addition to implementing strategies to increase education and awareness of EMS/Law Enforcement personnel in regards to I/DD population. population.

The County will increase meaningful employment/volunteer opportunities for individuals with I/DD. The County will continue its collaboration with Suburban Adult Services, Inc. to create and inform individuals of employment and volunteer opportunities. The County will develop a list of attributes and benefits that I/DD individuals bring with them to employment.

Wyoming County will meet with residential service providers to assess housing options for individuals with I/DD. The LGU will identify and share funding opportunities to supplement existing housing as well as for innovative housing to serve this population, particularly those under 18.

The LGU is collaborating with several community service agencies to improve transportation services within the county. The LGU will discuss current available transportation with our OPWDD-serving agencies in order to understand services and gaps. The LGU will research funding opportunities in order to develop a transportation hub/mobility management system to increase access to reliable transportation.

The LGU will advocate for change to promote a healthy I/DD serving workforce. The LGU will collaborate with providers to understand needs and potential solutions to enhancing their workforce. The LGU will then advocate strongly to implement these changes.

Annual and intermediate plans for mental health services:

Wyoming County consistently has several areas of high need. The LGU consistently does the best it can with balancing competing issues and advocating for mental health services amongst competing financial priorities. We make incremental progress each year and anticipate that we will inch forward once again during 2023.

Wyoming County will create a culture that has moved from understanding psychological trauma as a concept to living in a trauma-informed manner. This practice will extend from the service environment to the community as a whole. The LGU will continue its trauma-informed system of care collaborative and focus on bringing new partners to the table. The LGU will amplify trauma informed practice among the system of care by focusing on sharing trauma informed practices with one another.

Wyoming County will increase access to crisis services. Our county adds to our crisis service system yearly. In 2023, we will improve timely response, and services that promote diversion from jail and the emergency department. The county supports any innovations in crisis services and collaborates with contracted agencies to apply for monies for such. Our contracted CCBHC provider has been awarded a SAMHSA grant for crisis stabilization services. As is the case throughout the state, youth presenting to the ED in crisis are often held there for days without psychiatric treatment and released home. The LGU plans to re-invigorate the hospital's crisis program and establish a

direct line of communication between the psychiatric assessment officer and the C-SPOA provider. Youth and families will also be encouraged to utilize the existing MAP program and crisis stabilization services once established. The LGU will also establish communication with the School Resource Officers to educate regarding services and alternatives to hospitalizations, as they are often the first responders to a kid in crisis within the schools.

Housing is another goal that will remain on our Local Services Plan in perpetuity. Our aim is to continually develop new housing opportunities in Wyoming County for individuals with mental health concerns. During 2023, the LGU will explore relationships with area housing service providers to increase crisis, treatment apartments and other supportive housing options for adults with mental illness.

The LGU is joining forces with the county Sheriff's Department to train law enforcement personnel in CIT practices. The LGU will offer CIT trainings twice per year. The LGU is also collaborating with the County Emergency Management Office to develop a First Responder Peer Support Team to promote positive mental and physical health, and to serve as a bridge to treatment if needed.

The LGU is collaborating with several community service agencies to improve transportation services within the county. The LGU will research funding opportunities in order to develop a transportation hub/mobility management system to increase access to reliable transportation.

Workforce shortages affect not only the clientele, but clinical staff, and community and other professional members who attempt to access services. The LGU plans to increase awareness of workforce shortage/waitlist for services in order to advocate for change. The county will monitor waitlists for programs and report on such to OMH. The LGU will creatively utilize resources to best support individuals waiting for traditional services.

LGU Representative Name: Kelly Dryja

LGU Representative Title: Director of Community Services

Submitted for: Wyoming County Mental Health Department



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2023 Needs Assessment Form

Wyoming County Mental Health Department

Adverse Childhood Experiences Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional):

Crisis Services Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional):

Cross System Services Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional):

Employment/volunteer (client) Yes

Applies to OASAS? No

Applies to OMH? No

Applies to OPWDD? Yes

Need Applies to: Adults Only

Need description (Optional):

Housing Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Adults Only

Need description (Optional):

Non-Clinical Supports Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? No

Need Applies to: Both Youth and Adults

Need description (Optional):

Residential Treatment Services Yes

Applies to OASAS? Yes
Applies to OMH? No
Applies to OPWDD? No
Need Applies to: Adults Only
Need description (Optional):

Transportation Yes
Applies to OASAS? Yes
Applies to OMH? Yes
Applies to OPWDD? Yes
Need Applies to: Both Youth and Adults
Need description (Optional):

Workforce Yes
Applies to OASAS? Yes
Applies to OMH? Yes
Applies to OPWDD? Yes
Need Applies to: Both Youth and Adults
Need description (Optional):

LGU Representative: Kelly Dryja

Submitted for: Wyoming County Mental Health Department