2023 Goals and Plans Form

Onondaga County Department of Mental Health

Goal 1: Develop Adult System of Care under the principles of Person Centered, Recovery Oriented, Data Driven, Trauma Informed, Evidence Based, Peer Supported, Equity Focused, Flexible and Mobile, Coordinated Collaboration

Goal 2: Further Develop Children's System of Care

Goal 3: Increase access to suitable housing for those experiencing mental health and substance use challenges.

Goal 4 (Optional): Reduce racial / ethnic disparities in service access and utilization

Goal 5 (Optional): Enhance access to treatment and non-treatment services

Goal 6 (Optional): Implement data driven decision making by developing strategies for more effective utilization of a range of data sources

Goal 7 (Optional): Prevent the development of or mental health and/or substance use challenges.

Annual and intermediate plans for <u>addiction</u> services:

Many of the plans for the county center around further developing both the adult and youth systems of care thus crossing all three service areas. In response to crisis, plans include implementing an Intensive Crisis Stabilization Center for both adults and youth and crisis respite programming for youth ages 5 to 12. We also will work to identify ways to better coordinate the system and its response to crisis. One project includes implementing the Person in Crisis Navigation Pilot program to divert individuals calling 911 to the 988 system ensuring qualified mental health professional is able to respond via telephone or face to face visit.

We will build new opportunities for connection and collaboration between service providers and with peers and stakeholders. All system stakeholders will help to look at gaps and barriers in service delivery. We plan to host a System of Care Summit with tracks for providers and community members. We will expand navigation support for OMH/OASAS related services. We will look to enhance Department of Health and DCFS collaboration efforts in reducing Suicide and Opioid Prevention and Response. Unique to OASAS services, we will increase access to drug and alcohol "Harm Reduction" supports and services in the community.

Other plans will include looking specifically at housing options for those with mental health and substance use challenges, looking at racial and ethnic disparities, enhancing access to treatment and non treatment services, and additional prevention

programming. There will also be plans to look at and incorporate existing and new data into service planning. For detailed plans, please see attachment

Annual and intermediate plans for <u>developmental disability</u> services:

Many of the plans for the county center around further developing both the adult and youth systems of care thus crossing all three service areas. In response to crisis, plans include implementing an Intensive Crisis Stabilization Center for both adults and youth and crisis respite programming for youth ages 5 to 12. We also will work to identify ways to better coordinate the system and its response to crisis. One project includes implementing the Person in Crisis Navigation Pilot program to divert individuals calling 911 to the 988 system ensuring qualified mental health professional is able to respond via telephone or face to face visit.

We will build new opportunities for connection and collaboration between service providers and with peers and stakeholders. All system stakeholders will help to look at gaps and barriers in service delivery. We plan to host a System of Care Summit with tracks for providers and community members. Unique to OPWDD Services, we will Identify and address areas of the service system that are experiencing waitlists and lag times. We will look to increase independent living options for clients. We will also work with OPWDD to implement the new CSIDD program.

Other plans will include looking at racial and ethnic disparities, enhancing access to treatment and non treatment services, and prevention programming. There will also be plans to look at and incorporate existing and new data into service planning. For detailed plans, please see attachment.

Annual and intermediate plans for mental health services:

Many of the plans for the county center around further developing both the adult and youth systems of care thus crossing all three service areas. In response to crisis, plans include implementing an Intensive Crisis Stabilization Center for both adults and youth and crisis respite programming for youth ages 5 to 12. We also will work to identify ways to better coordinate the system and its response to crisis. One project includes implementing the Person in Crisis Navigation Pilot program to divert individuals calling 911 to the 988 system ensuring qualified mental health professional is able to respond via telephone or face to face visit.

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Other plans will include looking specifically at housing options for those with mental health and substance use challenges, looking at racial and ethnic disparities, enhancing

access to treatment and non treatment services, and additional prevention programming. There will also be plans to look at and incorporate existing and new data into service planning. For detailed plans, please see attachment.

LGU Representative Name: Novelette Pierce

LGU Representative Title: Director of Children's Mental Health **Submitted for:** Onondaga County Department of Mental Health

Onondaga County Local Service Plan October 2022 to September 2023

- Develop Adult System of Care under the principles of Person Centered, Recovery Oriented, Data Driven, Trauma Informed, Evidence Based, Peer Supported, Equity Focused, Flexible and Mobile, Coordinated Collaboration.
 - Implement the Intensive Crisis Stabilization Center
 - Identify ways to better coordinate the system and its response to crisis (community violence, drug overdoes)
 - Create new opportunities to formally receive stakeholder input into system development and operations
 - Establish regular opportunities for providers from OMH/OASAS/OPWDD to connect, collaborate and identify areas to improve together
 - Promote Evidence based practices that address the SOC principles
 - Expand navigation support for OMH/OASAS related services
 - Reduce wait times for hiring of self-directed staff for OPWDD clients
 - Implement professional development opportunities to assist providers in retaining staff
 - Provide bridge for youth transitioning to adulthood
 - Enhance Department of Health and DCFS collaboration efforts in reducing Suicide and Opioid Prevention and Response.
- Further Develop Children's System of Care
 - Implement the Intensive Crisis Stabilization Center
 - Identify ways to better coordinate the system and its response to a crisis situation (community violence, drug overdoes)
 - Create new opportunities to formally receive stakeholder input into system development and operations
 - Promote Evidence based practices that address the SOC principles
 - Implement Crisis Respite programming for youth ages 5 to 12
 - Identify existing peer resources and programming and assess gaps in services delivery
 - Identify areas of the service system that are experiencing waitlists and address waitlist in OMH and OPWDD
 - Improve safe discharge planning for people with IDD in hospitals unable to be served by local providers
 - Implement professional development opportunities to assist providers in retaining staff
 - Implement a System of Care Summit
 - Create a formalized structure within DCFS to further build systems and collaboration across child welfare, mental health, juvenile justice and schools in areas such as Multi-Disciplinary Team, Critical incident, Lower the Age, Health Home and Medicaid services for foster care population, Cross systems youth team.
- Increase access to suitable housing for those experiencing mental health and substance use challenges.
 - Complete comprehensive review of existing housing options in Onondaga County and where there are gaps
 - Implement the Tiny Homes For Good model to specifically support the hard to house population
 - Increase independent living options for those in the OPWDD system
 - Create opportunities for providers and stakeholders to partner together on funding proposals to meet the need of our populations.
 - Implement Crisis Respite programming for youth ages 5 to 12
- Reduce racial / ethnic disparities in service access and utilization
 - Increase outpatient services into community settings

- Increase provider training around equity and inclusion
- Incorporating use of peers and credible messengers into the service system
- Expand the Student Coalition for Racial Equity training offerings and student trainers
- Create additional opportunities for professionals of color to work in the mental health, substance use, and IDD service areas
- Increase partnership with university and high schools to engage students of color in human services workforce
- Enhance access to treatment and non-treatment services
 - Increase access to outpatient mental health treatment for the adult populations including expansion of dual diagnosis programming and IDD and MH
 - Increase the number of school based mental health satellite clinics
 - Implement the Person In Crisis Navigation Pilot program to divert individuals calling 911 to the 988 system ensuring qualifies mental health professional is able to respond via telephone or face to face visit.
 - Increase the use and coordination of Health Home Care Coordination, CORE, CFTSS and HCBS across the total population with a particular focus on the adult and the child welfare foster care population.
 - Expand opportunities for individuals to have valued role in community
 - Increase employment opportunities for those in the OPWDD system.
 - Implement Youth ACT Team
 - Work with OPWDD to implement CSIDD
- Implement data driven decision making by developing strategies for more effective utilization of a range of data sources
 - Meet with all providers/programs to establish metrics in the Results Based Accountability Structure
 - Work with Onondaga County OnAlytics team to establish process and procedure for review of data and report County Level data out to community
 - Create new opportunities to formally receive stakeholder input into system development and operations
 - Establish a process to create 3 year local service strategic plan
- Prevent the development of or mental health and/or substance use challenges.
 - Expand the implementation of the Multi-Tiered System of Support model, based in values of culturally inclusive, trauma-informed, and youth-centered supports
 - Expand and continue behavioral health supports in all schools in Onondaga County through Student Behavioral Specialists (Tier 1-Universal Support), ACCESS School Liaisons (Tier 2 Support), and School Based Mental Health Clinics (Tier 3 Support).
 - Develop and implement culturally inclusive and trauma informed MTSS through the provision and coordination of professional development and technical assistance.
 - Improve efficacy of Tier 1-2 levels of support through staff engagement in evidence and research based approaches and interventions.
 - Establish a County-wide inter-district collaboration on shared initiatives that will benefit families and youth across the region such as Community Schools programming, Trauma, Illness, & Grief networks, and shared crisis prevention, intervention, and postvention resources.
 - Work with the school based alcohol and drug prevention programming programs to incorporate opioid prevention lessons and efforts
 - Increase access to drug and alcohol "Harm Reduction" supports and services in the community



2023 Needs Assessment Form

Onondaga County Department of Mental Health

Crisis Services Yes

Applies to OASAS? Yes Applies to OMH? Yes Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional): ease of access, appropriate response, postvention outreach and support

Cross System Services Yes

Applies to OASAS? Yes Applies to OMH? Yes Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional): cross system collaboration, serving dually diagnosed community members

Housing Yes

Applies to OASAS? Yes Applies to OMH? Yes Applies to OPWDD? Yes Need Applies to: Adults Only

Need description (Optional): overall housing shortages and housing hard to place individuals with mental health and substance use challenges, independent living for OPWDD

Outpatient Treatment Yes

Applies to OASAS? Yes Applies to OMH? Yes Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional): waitlists, ease of access, prioritizing high need client, staff recruitment,

retention, and training

LGU Representative: Novelette Pierce

Submitted for: Onondaga County Department of Mental Health