



Office of Addiction  
Services and Supports

Office of  
Mental Health

Office for People With  
Developmental Disabilities

## 2023 Goals and Plans Form

### Ulster County Department of Mental Health

**Goal 1:** Create more housing for residents with Substance Use Disorder, criminal backgrounds, DV histories and families.

**Goal 2:** Increase support to our senior residents around mental health and other behavioral health concerns.

**Goal 3:** Advocate for more clinical support (e.g., supervision and direct service) to OMH housing programs.

**Goal 4 (Optional):** Create a Crisis Respite program in Ulster County.

**Goal 5 (Optional):** Improve recruitment and retention among agencies who serve those with mental health, substance use and intellectual/developmental disabilities.

**Goal 6 (Optional):** Improve care/case management/navigation service delivery in Ulster County and create mechanisms to facilitate better coordination and communication between providers.

**Goal 7 (Optional):** Improve coordination with the criminal justice system.

**Goal 8 (Optional):** Increase access to crisis support services for Ulster County residents.

**Goal 9 (Optional):** Improve access to outpatient behavioral health care (clinic) and reduce barriers to clinic for co-occurring disorders.

**Goal 10 (Optional):** Expand access to methadone.

#### **Annual and intermediate plans for addiction services:**

See attached plan.

#### **Annual and intermediate plans for developmental disability services:**

See attached plan.

#### **Annual and intermediate plans for mental health services:**

See attached plan.

**LGU Representative Name:** Katrina Williams

**LGU Representative Title:** Deputy Commissioner of Mental Health

**Submitted for:** Ulster County Department of Mental Health

## 2023 Ulster County Local Services Plan

Priority Area #1: Housing			
<b>Goal #1:</b> Create more transitional housing for residents with Substance Use Disorder.			
Action Step(s)	Who	When	Metric(s)
Put out a request for proposals for transitional housing for individuals with SUD and make an award.	Katrina Williams	By February 2023	An RFP will be released, and a proposal will be awarded.
<b>Goal #2:</b> Explore ways to increase the number of family and domestic violence supported housing slots in Ulster County.			
Action Step(s)	Who	When	Metric(s)
Map the current landscape of family and domestic violence supported housing in Ulster County and collect data on current needs.	Margaret Shlasko & Stephanie Richers	By October 2023	The mapping and data collection will occur and a report will be generated.
<b>Goal #3:</b> Increase support to our senior residents around mental health and other behavioral health concerns.			
Action Step(s)	Who	When	Metric(s)
Connect to senior housing communities throughout the County to advise them of DMH	Katrina Williams	By November 2023	

services and available community supports.			Information will be provided to at least 5 senior housing residences.
<b>Goal #4:</b> Advocate for more clinical support (e.g., supervision and direct service) to OMH housing programs.			
<b>Action Step(s)</b>	<b>Who</b>	<b>When</b>	<b>Metric(s)</b>
Interview representatives from OMH and housing providers to analyze current needs and gaps.	Sophie Halpern	By December 2023	Interviews will occur and a report will be generated with recommended future action steps.
<b>Goal #5:</b> Better understand the forensic housing system to support individuals who are the most challenges to house through Residential SPOA.			
<b>Action Step(s)</b>	<b>Who</b>	<b>When</b>	<b>Metric(s)</b>
Undergo fact finding mission to better understand the sex offender system and its impact on finding and maintaining stable housing.	Allison Burch & Jodi Cordray	By June 2023	Allison and Jodi will report out to the team on what she learned and next steps will be established.
Create a plan with Prime Care to coordinate the initiation of services prior to release from jail (i.e.,: reactivating Medicaid, setting up appointments for care, etc.	Kezia Pierce & Sophie Halpern	By September 2023	A plan will be created and agreed upon with Prime Care Medical.

<b>Goal #5: Create a Crisis Respite program in Ulster County.</b>			
<b>Action Step(s)</b>	<b>Who</b>	<b>When</b>	<b>Metric(s)</b>
Issue a request for proposals to create a Crisis Respite program.	Katrina Williams	By June 2023	An RFP will be released, and a proposal will be awarded.

<b>Priority Area #2: Workforce</b>			
<b>Goal #1: Improve recruitment and retention among agencies who serve those with mental health, substance use and intellectual/developmental disabilities.</b>			
<b>Action Step(s)</b>	<b>Who</b>	<b>When</b>	<b>Metric(s)</b>
Hold informational / outreach sessions with local graduate and undergraduate programs to promote employment opportunities in the community.	Sophie Halpern	By May 2023	Info/outreach sessions will be conducted with at least 3 programs.
Create an action plan to improve PWDD workforce including: salary, mentoring, transportation, etc.	Sophie Halpern / PWDD Committee	By June 2023	Plan will be completed and submitted to DMH/CSB.

Undergo fact finding mission to learn more about SUNY Empire's direct care immersion course to support PWDD workforce.	Sophie Halpern	By October 2023	Information will be collected and provided to PWDD CSB Committee.
Identify funding opportunities to provide current provider staff with financial incentives to continue their education and/or pursue licensure.	Katrina Williams	By November 2023	Funding opportunities will be identified and shared with the network.
Create a plan to advocate for higher reimbursement rates in Ulster County.	Tara McDonald / BH Task Force	By November 2023	An action plan will be completed and ready for implementation.

**Priority Area #3: Care Management / Coordination**

**Goal #1:** Improve care/case management/navigation service delivery in Ulster County.

Action Step(s)	Who	When	Metric(s)
Create a database report that measures how many SPOA applicants are connected to a service and of those, who many are admitted.	Amaury Gonzalez	By January 2023	A report will be created that DMH can begin tracking regularly.
Obtain information from the HAH OTP on the barriers to methodone treatment caused	Katrina Williams	By March 2023	A report will be obtained and follow up action steps will be identified.

by lack of transportation.			
Complete mapping of system of care specific to PWDD and identify ways to improve access.	Sophie Halpern / PWDD Committee	By September 2023	Mapping will take place and report of findings will be generated.
Complete a gap analysis of transportation issue specific to recipients of PWDD services.	Sophie Halpern / PWDD Committee	By October 2023	Analysis will take place and report of findings will be generated.
Get OMH to approve the addition of a second Intensive Case Manager in Ulster County.	Sophie Halpern	By December 2023	There will be a second intensive case manager operating in Ulster holding a full caseload per regulations.
<b>Goal #2:</b> Create mechanisms to facilitate better coordination and communication between providers.			
<b>Action Step(s)</b>	<b>Who</b>	<b>When</b>	<b>Metric(s)</b>
Put out a request for proposals for an integrated, systemwide database for the coordination of care management, co-occurring treatment and other services and make an award.	Katrina Williams	By February 2023	An RFP will be released, and a proposal will be awarded.

**Priority Area #4: Crisis Services**

**Goal #1:** Increase access to crisis support services for Ulster County residents.

Action Step(s)	Who	When	Metric(s)
Implement the pilot Mobile Mental Health / EMT Team through City of Kingston.	Kezia Pierce	By February 2023	Contract will be executed, and the program will be staffed and up and running at Kingston Fire.
Re-instate a harm reduction street outreach program.	Juanita Hotchkiss	By March 2023	A project will be awarded and a program will be operational.
Find out why Ulster County does not have access to a Mobile Intervention Team (MIT) through Rockland Psychiatric Center.	Kezia Pierce	By April 2023	Kezia will receive information from OMH on why we do not have access to a MIT team (and if that can be changed) and report to the team.
Obtain data on number of Ulster residents receiving medically managed detox services outside the county.	Juanita Hotchkiss	By May 2023	Report will be completed and presented to the CSB and SUD committee.
Provide training for supporting people with intellectual and/or developmental disabilities when in crisis.	Sophie Halpern	By June 2023	Training will be held.
Open the Ulster County Crisis Support Center.	Tara McDonald	By December 2023	The Intensive Crisis Stabilization Center will be open to the public.

**Priority Area #5: Outpatient Treatment**

<b>Goal #1: Improve access to outpatient behavioral health care (clinic).</b>			
<b>Action Step(s)</b>	<b>Who</b>	<b>When</b>	<b>Metric(s)</b>
Assist in transitioning ASFL's Article 31 from an urgent care model to a full-fledged clinic with open access.	Tara McDonald	By April 2023	The clinic at 368 Broadway will accommodate full caseloads and provide the full menu of services as an Article 31.
<b>Goal #2: Reduce barriers to outpatient behavioral health care (clinic) for people with co-occurring disorders.</b>			
<b>Action Step(s)</b>	<b>Who</b>	<b>When</b>	<b>Metric(s)</b>
Ascertain what OMH & OASAS is doing to support this work across the state.	Katrina Williams	By March 2023	Information from OMH and OASAS will be obtained.
Assist OMH & OASAS licensed clinics with creating an action plan for co-occurring capability.	Katrina Williams	By December 2023	Each licensed program will have a plan and share with DMH.
<b>Goal #3: Improve coordination with the criminal justice system.</b>			
<b>Action Step(s)</b>	<b>Who</b>	<b>When</b>	<b>Metric(s)</b>
Hold a meeting with the District Attorney's Office to create agreed upon workflow.	Sophie Halpern	By May 2023	Meeting will take place and plan will be written.
Create a mechanism for tracking individuals on CPL	Sophie Halpern	By September 2023	



status and those psychiatrically hospitalized while incarcerated.			Tracking tools will be created and in place.
<b>Goal #4:</b> Expand access to methadone.			
<b>Action Step(s)</b>	<b>Who</b>	<b>When</b>	<b>Metric(s)</b>
Assist Lexington Center in siting OTP satellite.	Katrina Williams	By October 2023	OTP satellite location will be confirmed and open.
Work with HealthAlliance to expand capacity in their existing OTP.	Katrina Williams	By December 2023	Receive quarterly updates from WMC on status of relocating OTP to larger space.



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## **2023 Needs Assessment Form**

### **Ulster County Department of Mental Health**

#### **Case Management/Care Coordination** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional):

#### **Crisis Services** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional):

#### **Housing** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional):

#### **Outpatient Treatment** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional):

#### **Workforce** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional):

**LGU Representative:** Katrina Williams

**Submitted for:** Ulster County Department of Mental Health