



## 2023 Goals and Plans Form

### Otsego County Community Services Board

**Goal 1:** Increase in-community supports (e.g., schools, in-home, general outreach)

**Goal 2:** To identify gaps and resources when working with dual diagnosed children in the MH & DD system.

**Goal 3:** Cross training of mental health clinicians with substance use training.

**Goal 4 (Optional):** Crisis services to address mental health, SUD and crisis with individuals within the I/DD system.

**Goal 5 (Optional):** Recruitment (job fairs, advertising) and workforce retention for all areas, mental health, substance use and I/DD systems'. Provide workforce wellbeing opportunities across the specialties.

**Goal 6 (Optional):** Increase suicide and accidental overdose awareness and training in the schools and community.

#### **Annual and intermediate plans for addiction services:**

To address the substance use needs of Otsego County I plan to work with the county, LEAF, and FORDO to enhance the prevention, treatment, and recovery services by increasing available services in areas of workforces, homeless, schools, and general community.

I plan to continue the contract with FORDO for peer services in the Addiction Recovery Services Clinic as well as look into hiring our own peer in the future. I would like to work with FORDO to develop a Back Pack Peer Program to work with the homeless population in the Warming Center, local hotels that are used for the homeless population, and the counties tiny houses that house that house the top seven chronic homeless individuals and individuals on the streets.

Otsego County will continue to work and support LEAF Prevention Services to be provided in the school systems, local employers by providing/continue with Workforce Stabilization through Evidence-Based Prevention. (Prevention across the lifespan).

I plan to explore the process of an Integrated license to help the clinic financially, workforce, and client care. With an integrated license I would be able to utilize staff wisely and spread the workload out among all the clinicians with the exception of a CASAC. I will incorporate cross training of mental health and substance use so all staff can address the concerns and issues with their clients so they do not need to be referred to another clinic. An Integrated Clinic would provide greater care to the clients. To increase the workforce I plan to work with HRSA in advertising and a rural virtual job fair for positions with Community Services. I have started to and will continue to work with colleges to send employment notices to social work alumni and upcoming graduates.

Otsego County Community services would like to work with community providers in

2023 to address crisis services to address mental health, SUD and individual within the I/DD system by having a Crisis Stabilization Center located in Otsego County.

**Annual and intermediate plans for developmental disability services:**

To address the developmental disability needs of Otsego County the Dept. of Community Services plans to support and assist the agencies who provide I/DD services work force issues and concerns by including them in a community service job fair.

Otsego County Dept. of Community Services is and will continue to work with NYSCLMHD in the Children's OPWDD Pilot Program to identify gaps and lack of services for children who are dually diagnosed with MH & I/DD. Please see attached document in regards to the OPWDD Pilot Program.

Otsego County Dept. of Community Services is hoping to develop a contract with ONC BOCES with ADHD and Autism Psychological Services to conduct evaluations for youth enrolled in schools. This would apply to CPSE as well as CSE processes.

Otsego County Community Services will explore the possible program of an Extended Treatment Unit (ETU) for children and adult individuals. An extended treatment unit will fill an urgent need that has been identified not only in Otsego County but across the state for individuals who have mental health and are also dually diagnosed with I/DD. An ETU will be a "step down" unit, meaning that while the people being cared for still require a high level of care and observation, it is not to the degree required in an inpatient psychiatric hospital setting.

**Annual and intermediate plans for mental health services:**

To address the mental health needs of Otsego County the Dept. of Community Services plans to work towards developing a school based mental health programs in the school districts to increase in-community supports for children and families. Otsego County Community Services will also continue to contract with RSS and support the Family Stabilization Program (FSP). The Family Stabilization Program model (FSP) provides intensive family stabilization mental health services to youth ages 4 to 17 and their families in Otsego County under the Otsego County Behavioral Services' NYS Office of Mental Health (OMH) Operating Certificate. The FSP model is designed to provide in the home, at the school, and/or in the community intensive counseling services and care coordination to youth who, have a mental health diagnosis and meet criteria for impending risk of out of home placement; psychiatric hospitalization, residential treatment, group home, foster care, suicide and/or jail.

Otsego County Dept. of Community Services is and will continue to work with NYSCLMHD in the Children's OPWDD Pilot Program to identify gaps and lack of services for children who are dually diagnosed with MH & I/DD. Please see attached document in regards to the OPWDD Pilot Program.

I plan to explore the process of an integrated license to help the clinic financially, workforce, and client care. With an integrated license I would be able to utilize staff wisely and spread the workload out among all the clinicians with the exception of a CASAC. I will incorporate cross training of mental health and substance use so all staff can address the concerns and issues with their clients so they do not need to be

referred to another clinic. An Integrated Clinic would provide greater care to the clients. To increase the workforce I plan to work with HRSA in advertising and a rural virtual job fair for positions with Community Services. I have started to and will continue to work with colleges to send employment notices to social work alumni and upcoming graduates.

Through the school based mental health clinics and FSP Otsego County Community Services will coordinate and support suicide awareness and prevention by using EBP such as Safe Talk and S.A.V.E.

Otsego County Community services would like to work with community providers in 2023 to address crisis services to address mental health, SUD and individual within the I/DD system by having a Crisis Stabilization Center located in Otsego County.

**LGU Representative Name:** Jeannette Pavlus

**LGU Representative Title:** Director of Community Services

**Submitted for:** Otsego County Community Services Board



Office of Addiction  
Services and Supports

Office of  
Mental Health

Office for People With  
Developmental Disabilities

## 2023 Needs Assessment Form

### Otsego County Community Services Board

#### **Housing** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional):

#### **Respite** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional):

#### **Transition Age Services** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional):

#### **Transportation** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional):

#### **Workforce** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional):

**LGU Representative:** Jeannette Pavlus

**Submitted for:** Otsego County Community Services Board