



2023 Goals and Plans Form

Lewis County Community Services

Goal 1: Workforce: develop and implement strategies to attract and retain a qualified workforce.

Goal 2: Stigma: develop and implement strategies to reduce stigma

Goal 3: Advocacy: Working with the community service board developmental disability subcommittees develop and implement strategies to educate lawmakers on the needs of rural services recipients and their families. Ensuring goals are developed to include available resources and address the priorities and needs of our rural community service recipients. Ensuring goals are developed to include available resources and address the priorities and needs of our rural community service recipients.

Goal 4 (Optional): Respite: Working with the community service board developmental disability subcommittees develop and implement strategies to improve access to respite services for clients and families

Goal 5 (Optional): Crisis: Strengthen the crisis care continuum by effectively implementing new crisis services into the current structure

Goal 6 (Optional): Suicide Prevention: Support the Lewis County suicide prevention coalition strategic plan

Annual and intermediate plans for addiction services:

The Lewis County local government unit with the involvement of consumers, consumer groups, voluntary agencies, and other providers of services identified the following areas of need based on local and statewide data.

- Workforce
- Stigma reduction
- Advocacy
- Respite
- Crisis
- Suicide prevention

In line with OASAS identified priorities our annual and intermediate plan includes the following areas of focus:

Workforce: develop and implement strategies to attract and retain a qualified workforce. Intermediate objectives and interventions

- Development of a cross-system workgroup comprised of members of all three community services subcommittees and members from other community-based organizations. The purpose would be to develop and execute data-driven strategic plan to work with the local college in the development of a direct support professional /peer

curriculum /certificate program

- Development of intra-agency process to circulate potential applicants between agencies, pool resources to attract potential employees (i.e. job /school fairs, advertising campaign), and partner with the local economic development agency to increase awareness of local employment opportunities in the human service field

Stigma: develop and implement strategies to reduce stigma.

Intermediate objectives and interventions

- The SUD subcommittee will develop an education and training plan to educate identified stakeholder groups (community, legal system partners, and other human service organizations) on what is harm reduction and person-centered care are. Using different communication tools such as social media, community focus groups, and the creation of a traveling display that could be available for use by anyone.
- Ensuring when planning activities to increase access to services and reduce barriers we are “using an equity lens”. Understanding our community’s cultural makeup and including representatives from these members of our community in our development of a “no wrong door” approach to care.

Annual and intermediate plans for developmental disability services:

The Lewis County local government unit with the involvement of consumers, consumer groups, voluntary agencies, and other providers of services identified the following areas of need based on local and statewide data.

- Workforce
- Stigma reduction
- Advocacy
- Respite
- Crisis
- Suicide prevention

In line with OPWDD identified priorities our annual and intermediate plan includes the following areas of focus:

Workforce: develop and implement strategies to attract and retain a qualified workforce.
Intermediate objectives and interventions

- Development of a cross-system workgroup comprised of members of all three community services subcommittees and members from other community-based organizations. The purpose would be to develop and execute a data-driven strategic plan to:
 - work with the local college in the development of a direct support professional /peer curriculum /certificate program
 - Development of intra-agency process to circulate potential applicants between agencies, pool resources to attract potential employees (i.e. job /school fairs, advertising campaign), and partner with the local economic development agency to increase awareness of local employment opportunities in the human service field
 - Partner with the local community education center and see if the Onondaga Community College direct services professional certificate program could be made

available

Respite: Working with the community service board developmental disability subcommittees develop and implement strategies to improve access to respite services for clients and families

Intermediate objectives and interventions

- Identify current respite opportunities and recent changes in access.
- Identify resulting barriers to families and explore local alternatives.
- Identify how recent changes have impacted service recipients and reduced the use of respite opportunities

Advocacy: Working with the community service board developmental disability subcommittees develop and implement strategies to educate lawmakers on the needs of rural services recipients and their families. Ensuring goals are developed to include available resources and address the priorities and needs of our rural community service recipients

Intermediate objectives and interventions

- Develop an informational packet (available services, identified needs, gaps, and barriers to care) to use to educate and inform.
- Create an annual schedule to meet with local lawmakers
- Regular DD subcommittee agenda item

Annual and intermediate plans for mental health services:

The Lewis County local government unit with the involvement of consumers, consumer groups, voluntary agencies, and other providers of services identified the following areas of need based on local and statewide data.

- Workforce
- Stigma reduction
- Advocacy
- Respite
- Crisis
- Suicide prevention

In line with OMH-identified priorities our annual and intermediate plan includes the following areas of focus:

Workforce: develop and implement strategies to attract and retain a qualified workforce.

Intermediate objectives and interventions

- Development of a cross-system workgroup comprised of members of all three community services subcommittees and members from other community-based organizations. The purpose would be to develop and execute a data-driven strategic plan to:
 - work with the local college in the development of a direct support professional /peer curriculum /certificate program
- Development of intra-agency process to circulate potential applicants between

agencies, pool resources to attract potential employees (i.e. job /school fairs, advertising campaign), and partner with the local economic development agency to increase awareness of local employment opportunities in the human service field

Crisis: Strengthen the crisis care continuum by effectively implementing new crisis services into the current structure

Intermediate objectives and interventions

- Develop and maintain a crisis resources handbook.
- Working with the System of Care committee and BOCES to keep the community resource website current as to crisis services
- As new services and agencies enter the community provide training and informational opportunities for residents, community-based organizations, and other stakeholder groups
- Require new services to keep track of and report data to the Community Services Department

Suicide Prevention: Support the Lewis County suicide prevention coalition's strategic plan

Intermediate objectives and interventions

- Tract and provide county-specific data
- Connect new crisis services to local school counseling staff, law enforcement, and school resource officers

Stigma: develop and implement strategies to reduce stigma.

Intermediate objectives and interventions

- Ensuring when planning activities to increase access to services and reduce barriers we are "using an equity lens".
- Understanding our community's cultural makeup and including representatives from these members of our community in our development of a "no wrong door" approach to care.

* Any initiatives will incorporate strategies based on health literacy.

LGU Representative Name: Patricia Fralick

LGU Representative Title: Director of Community Services

Submitted for: Lewis County Community Services

Briefly describe 3 to 10 goals for Mental Hygiene services in your service area

Goal 1

Workforce: develop and implement strategies to attract and retain a qualified workforce.

Goal 2

Stigma: develop and implement strategies to reduce stigma.

Goal 3

Advocacy: Working with the community service board developmental disability subcommittees develop and implement strategies to educate lawmakers on the needs of rural services recipients and their families. Ensuring goals are developed to include available resources and address the priorities and needs of our rural community service recipients.

Goal 4

Respite: Working with the community service board developmental disability subcommittees develop and implement strategies to improve access to respite services for clients and families

Goal 5

Crisis: Strengthen the crisis care continuum by effectively implementing new crisis services into the current structure

Goal 6

Suicide Prevention: Support the Lewis county suicide prevention coalition's strategic plan

Please describe your annual and intermediate plans for **addiction services**:

The Lewis County local government unit with the involvement of consumers, consumer groups, voluntary agencies, and other providers of services identified the following areas of need based on local and statewide data.

- Workforce
- Stigma reduction
- Advocacy

- Respite
- Crisis
- Suicide prevention

In line with OASAS identified priorities our annual and intermediate plan includes the following areas of focus:

Workforce: develop and implement strategies to attract and retain a qualified workforce.

Intermediate objectives and interventions

- Development of a cross-system workgroup comprised of members of all three community services subcommittees and members from other community-based organizations. The purpose would be to develop and execute data-driven strategic plan to work with the local college in the development of a direct support professional /peer curriculum /certificate program
- Development of intra-agency process to circulate potential applicants between agencies, pool resources to attract potential employees (i.e. job /school fairs, advertising campaign), and partner with the local economic development agency to increase awareness of local employment opportunities in the human service field

Stigma: develop and implement strategies to reduce stigma.

Intermediate objectives and interventions

- The SUD subcommittee will develop an education and training plan to educate identified stakeholder groups (community, legal system partners and other human service organizations) on what is harm reduction and person-centered care are. Using different communication tools such as social media, community focus groups, and the creation of a traveling display that could be available for use by anyone.
- Ensuring when planning activities to increase access to services and reduce barriers we are “using an equity lens”. Understanding our community’s cultural makeup and including representatives from these members of our community in our development a “no wrong door” approach to care.

Please describe your annual and intermediate plans for **developmental disability services:**

The Lewis County local government unit with the involvement of consumers, consumer groups, voluntary agencies, and other providers of services identified the following areas of need based on local and statewide data.

- Workforce
- Stigma reduction
- Advocacy
- Respite
- Crisis
- Suicide prevention

In line with OPWDD identified priorities our annual and intermediate plan includes the following areas of focus:

Workforce: develop and implement strategies to attract and retain a qualified workforce.

Intermediate objectives and interventions

- Development of a cross-system workgroup comprised of members of all three community services subcommittees and members from other community-based organizations. The purpose would be to develop and execute a data-driven strategic plan to:
- work with the local college in the development of a direct support professional /peer curriculum /certificate program
- Development of intra-agency process to circulate potential applicants between agencies, pool resources to attract potential employees (i.e. job /school fairs, advertising campaign), and partner with the local economic development agency to increase awareness of local employment opportunities in the human service field
- Partner with the local community education center and see if the Onondaga Community College direct services professional certificate program could be made available

Respite: Working with the community service board developmental disability subcommittees develop and implement strategies to improve access to respite services for clients and families

Intermediate objectives and interventions

- Identify current respite opportunities and recent changes in access.
- Identify resulting barriers to families and explore local alternatives.
- Identify how recent changes have impacted service recipients and reduced the use of respite opportunities

Advocacy: Working with the community service board developmental disability subcommittees develop and implement strategies to educate lawmakers on the needs of rural services recipients and their families. Ensuring goals are developed

to include available resources and address the priorities and needs of our rural community service recipients

Intermediate objectives and interventions

- Develop an informational packet (available services, identified needs, gaps, and barriers to care) to use to educate and inform.
- Create an annual schedule to meet with local lawmakers
- Regular DD subcommittee agenda item

Please describe your annual and intermediate plans for **mental health services**:

The Lewis County local government unit with the involvement of consumers, consumer groups, voluntary agencies, and other providers of services identified the following areas of need based on local and statewide data.

- Workforce
- Stigma reduction
- Advocacy
- Respite
- Crisis
- Suicide prevention

In line with OMH identified priorities our annual and intermediate plan includes the following areas of focus:

Workforce: develop and implement strategies to attract and retain a qualified workforce.

Intermediate objectives and interventions

- Development of a cross-system workgroup comprised of members of all three community services subcommittees and members from other community-based organizations. The purpose would be to develop and execute a data-driven strategic plan to:
- work with the local college in the development of a direct support professional /peer curriculum /certificate program
- Development of intra-agency process to circulate potential applicants between agencies, pool resources to attract potential employees (i.e. job /school fairs, advertising campaign), and partner with the local economic development agency to increase awareness of local employment opportunities in the human service field

Crisis: Strengthen the crisis care continuum by effectively implementing new crisis services into the current structure

Intermediate objectives and interventions

- Develop and maintain a crisis resources handbook.
- Working with the System of Care committee and BOCES keep the community resource website current as to crisis services
- As new services and agencies enter the community provide training and informational opportunities for residents, community-based organizations, and other stakeholder groups
- Require new services to keep track of and report data to the Community Services Department

Suicide Prevention: Support the Lewis County suicide prevention coalition's strategic plan

Intermediate objectives and interventions

- Tract and provide county-specific data
- Connect new crisis services to local school counseling staff, law enforcement, and school resource officers

Stigma: develop and implement strategies to reduce stigma.

Intermediate objectives and interventions

- Ensuring when planning activities to increase access to services and reduce barriers we are "using an equity lens".
- Understanding our community's cultural makeup and including representatives from these members of our community in our development of a "no wrong door" approach to care.
- Make certain initiatives incorporate strategies based on health literacy.



Office of Addiction
Services and Supports

Office of
Mental Health

Office for People With
Developmental Disabilities

2023 Needs Assessment Form

Lewis County Community Services

Crisis Services Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional): The county will have access to crisis-specific services for Lewis County residents. This will require ensuring stakeholders have effective communication, referral processes, and an understanding of service delivery

Housing Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? No

Need Applies to: Adults Only

Need description (Optional): Housing options are extremely limited to the community in general. This has worsened under COVID. There are many barriers for those who have behavioral health concerns.

Respite Yes

Applies to OASAS? No

Applies to OMH? No

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional): The recent changes in OPWDD regulations and reimbursement have reduced respite options for families. The expectation of paying minimum wage to "hired" people have reduced or eliminated this option. Also, changes in funding utilization have also eliminated the ability to pay for some activities (not considered medically necessary)

Workforce Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional): Staffing continues to impact service delivery. This is especially worrisome in the OPWDD world.

Stigma Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? No

Need Applies to: Both Youth and Adults

Need description (Optional): Stigma still plays a role in people's understanding or seeking behavioral health care

LGU Representative: Patricia Fralick

Submitted for: Lewis County Community Services