2021 Mental Hygiene Executive Summary
Steuben County Alcohol Substance Abuse
Certified: Henry Chapman (9/21/20)

Many of the goals and objectives from the previous year's plan were integrated into the 2021 Local Service Plan. Analysis of data related to service needs indicate suicide prevention, cross system collaboration, expansion of opioid prevention and treatment services, affordable housing, and transportation are issues of primary focus. The identified goals and objectives of this plan reflect community needs and are consistent with Statewide initiatives. Although the Department of Community Services has recieved State aid and other funding to enhance its service delivery, the demand for services remains strong. Overall, our success in meeting the needs of the community is largely contingent on the adaptability of our providers in response to health care reform and the continuance of State aid funding.

Mental Hygiene Goals and Objectives Form
Steuben County Alcohol Substance Abuse (70640)
Certified: Henry Chapman (7/15/20)

Mental Hygiene Law, § 41.16 "Local planning; state and local responsibilities" states that "each local governmental unit shall: establish long range goals and objectives consistent with statewide goals and objectives." The Goals and Objectives Form allows LGUs to state their long-term goals and shorter-term objectives based on the local needs identified through the planning process and with respect to the State goals and objectives of each Mental Hygiene agency.

The information input in the 2020 Goals and Objectives Form is brought forward into the 2021 Form. LGUs can use the 2020 information as starting point for the 2021 Plan but should ensure that each section contains relevant, up-to-date responses.

Please indicate below if the overall needs of each disability population got better or worse or stayed about the same over the past year. Completion of these questions is required for submission of the form.

New To assist LGUs in the assessment of local substance use disorder (SUD) needs, OASAS Planning has developed a county-level, core-dataset of SUD public health data indicators. These reports are based on the recommendations of the Council of State and Territorial Epidemiologists and the regularly updated county-level datasets available in New York State. Each indicator compares county-level population-based rates to statewide rates. Reports for all counties are available in the County Planning System Under **Resources -> OASAS Data Resources -> Substance Use Disorder Key Indicators**

1. Overall Needs Assessment by Population (Required)

Please explain why or how the overall needs have changed and the results from those changes.

The question below asks for an overall assessment of unmet needs; however certain individual unmet needs may diverge from overall needs. Please use the text boxes below to describe which (if any) specific needs have improved, worsened, or stayed the same.

a) Indicate how the level of unmet **mental health service needs**, overall, has changed over the past year: ⦿ Improved ◯ Stayed the Same ◯ Worsened

Please describe any unmet **mental health** service needs that have **improved**:

Emergency regulatory waivers due to the covid 19 pandemic specific to telehealth and telemedicine have allowed providers to offer treatment and support services to all individuals in need of such services. In some instances providers have reached individuals who under "normal" circumstance would not have received services due to lack of transportation. Crisis respite available through the Elmira Psychiatric Center continues to enhance our hospital diversion efforts specific to adolecsents that are at risk for out of home placement. Similarly, open access intakes offered through the Steuben County Community Mental Health Center (SCCMHC) gives individuals same day or close to same day access to begin mental health treatment. Although it has been slow in its implementation Home and Community Based Services (HCBS) and the provision of Health Home Plus services are becoming more readily available through area agencies.

Please describe any unmet **mental health** service needs that have **stayed the same**:

Steuben County continues to feel the negative impact created by the closure of the adult and adolescent psychiatric care units located at St. James Mercy Hospital in Hornell New York. This closure combined with the reduction of inpatient beds at the Elmira Psychiatric Center causes individuals in need of psychiatric hospitalization to travel a significant distance outside the county to hospitals as far as Rochester and Buffalo. Children often times spend days and/or weeks in the emergency department waiting for an inpatient bed. State and local data sources continue to highlight the need for more community based services to enhance hospital diversion efforts. Crisis respite options for children under age 12 continues to be limited.

Please describe any unmet **mental health** service needs that have **worsened**:

The closure of the adult psychiatric care unit located at Soldiers & Sailors Memorial Hospital (Yates County, Penn Yan, NY) has further reduced inpatient resources within our Finger Lakes region. Recruitment continues to be a challenge as there is a significant shortage of mental helath professionals availabe to work in our County. In some instances area agencies have had vacant positions for several months if not years. A prime example of this is SCCMHC currently has a total of (10) vacant positions between its mental health, substance abuse, and case management programs- some of which have been vacant for almost two years. Cross system treatment issues specific to inpatient and outpatient community supports continue to be a challenge for individuals who are dually diagnosed especially for those who carry both a psychiatric and developmental disability diagnosis.

b) Indicate how the level of unmet **substance use disorder (SUD) needs**, overall, has changed over the past year: ⊙
Improved ◯ Stayed the Same ◯ Worsened

Please describe any unmet **SUD** service needs that have **improved**:

CASA-Trinity took on inpatient and outpatient programs previously run by Loyola Recovery Foundation in Hornell NY. Clinic treatment for substance use disorders along with medication assisted treatment (MAT) is available. These services offer "warm hand-offs" to thier detox/inpatient facility or wellness residential programs. Through increased State and local funding access to alcohol and substance abuse treatment has been enhanced for individuals incarcerated at the Steuben County jail.   Jail services currently include individual/group counseling and peer supports upon release. Several community forums have been offered to increase education and awarenesss of the risks involved with prescription opioids, heroin, alcohol, and other substances. Community forums have also provided participants with Information on how to access treatment for such issues. Medically assisted inpatient detox services are more readily available through Ira Davenport Hospital's program located in Bath NY. Emergency regulatory waivers due to the covid 19 pandemic specific to telehealth and telemedicine have allowed providers to offer treatment and support services to all persons in need of such services. In some instances providers have reached out to individuals who under "normal" circumstance would not receive services due to lack of transportation. Open access intakes continue to be available to individuals wanting substance abuse treatment through Steuben County Alcohol and Substance Abuse Services (SCASAS). ODMAP is being utilized throughout the County to engage and offer treatment services to individuals who are at risk of opiod overdose.

Please describe any unmet **SUD** service needs that have **stayed the same**:

Although local prevention agencies provide services at many area school districts and youth centers, recent student survey data continues to support the need for increased education and awareness specific to alcohol, marijuanna, and e-cigarettes. Similarly, the data also supports the need for more prevention services related to heroin and other opioid use by teens and young adults between the ages of 15 to 29. Although the Steuben Prevention Coalition did recently recieve federal funding it has received and continues to explore other funding options in an attempt to expand its prevention focus.

Please describe any unmet **SUD** service needs that have **worsened**:

Consistent with the national "epidemic" State and local data indicates that the number of hospital visits and deaths related to heroin and prescription opioids is on the rise in Steuben County. This increase has highlighted the need to expand opioid and other addiction treatment programs within the county. Supportive housing for indivduals in recovery, especially females, continues to be of great need.

c) Indicate how the level of unmet needs of the **developmentally disabled** population, overall, has changed in the past year:
⊙ Improved ◯ Stayed the Same ◯ Worsened

Please describe any unmet **developmentally disability** service needs that have **improved**:

Although very limited, short term crisis respite located in a contiguous County (Livingston County- Dansville NY 29 miles from Bath NY) is available through the NY START program. Similarly, although services through Care Coordination Organizations (CCO) are available implementation has been slow and public awareness of these services is low.

Please describe any unmet **developmentally disability** service needs that have **stayed the same**:

In general, the OPWDD system continues to be difficult to enter as the time it takes from making a referral to completing evaluations for eligibilty and other determinations is an extremely long process taking several months if not longer. Similarly, Steuben County has limited options and long waiting periods specific to residential housing in the community. In addition, Steuben County continues to not have adequate crisis respite and other communtiy support services for individuals with intellectual and developmental disabilities.

Please describe any unmet **developmentally disability** service needs that have **worsened**:

Steuben County has seen an increase in the number of developpmentally disabled individuals involved in the criminal justice system. Increased staff time and other County resources have been spent managing these cases and mitigating issues with the District Attorney's office, public defenders, and courts. Given the prevelance of individuals that present with complex behavioral and mental health needs more therapeutic in-home community support services are needed.

The second section of the form includes; goals based on local need; goals based on state initiatives and goals based in other areas. The form allows counties to identify forward looking, change-oriented goals that respond to and are based on local needs and are consistent with the goals of the state mental hygiene agencies. County needs and goals also inform the statewide comprehensive planning efforts of the three state agencies and help to shape policy, programming, and funding decisions. For county needs assessments, goals and objectives to be most effective, they need to be clear, focused and achievable. The following instructions promote a convention for developing and writing effective goal statements and actionable objectives based on needs, state or regional initiatives or other relevant areas.

2. Goals Based On Local Needs

Please select any of the categories below for which there is a **high level of unmet need** for LGU and the individuals it serves. (Some needs listed are specific to one or two agencies; and therefore only those agencies can be chosen). When considering the level of need, compare each issue category against all others rather than looking at each issue category in isolation.

- **For each need identified you will have the opportunity to outline related goals and objectives, or to discuss the need more generally if there are no related goals or objectives.**
- **You will be limited to one goal for each need category but will have the option for multiple objectives.** For those categories that apply to multiple disability areas/state agencies, please indicate, in the objective description, each service population/agency for which this unmet need applies. (At least one need category must be selected).

Issue Category		Applicable State Agenc(ies)		
		OASAS	OMH	OPWDD
a)	Housing	☑	☑	☑
b)	Transportation	☑	☑	☑
c)	Crisis Services	☑	☑	☑
d)	Workforce Recruitment and Retention (service system)	☑	☑	☑
e)	Employment/ Job Opportunities (clients)	☐	☐	☐
f)	Prevention	☐	☐	☐
g)	Inpatient Treatment Services	☐	☐	☐
h)	Recovery and Support Services	☐	☐	☐
i)	Reducing Stigma	☐	☐	☐
j)	SUD Outpatient Services	☐	☐	☐
k)	SUD Residential Treatment Services	☐	☐	☐
l)	Heroin and Opioid Programs and Services	☑	☐	☐
m)	Coordination/Integration with Other Systems for SUD clients	☐	☐	☐
n)	Mental Health Clinic	☐	☐	☐
o)	Other Mental Health Outpatient Services (non-clinic)	☐	☐	☐
p)	Mental Health Care Coordination	☐	☐	☐
q)	Developmental Disability Clinical Services			☐
r)	Developmental Disability Children Services			☐
s)	Developmental Disability Student/Transition Services			☐
t)	Developmental Disability Respite Services			☐
u)	Developmental Disability Family Supports			☐
v)	Developmental Disability Self-Directed Services			☑
w)	Autism Services			☐
x)	Developmental Disability Front Door			☐
y)	Developmental Disability Care Coordination			☐
z)	Other Need 1(Specify in Background Information)	☑	☑	☐
aa)	Other Need 2 (Specify in Background Information)	☑	☐	☐
ab)	Problem Gambling	☐	☐	☐
ac)	Adverse Childhood Experiences (ACEs)	☐	☐	☐

(After a need issue category is selected, related follow-up questions will display below the table)

2a. Housing - Background Information

The Background Information box is a free-text box for LGUs to provide any additional information or more details related to the need and the Goal, such as:

- Data sources used to identify need (e.g. hospital admission data)
- Assessment activities used to indicate need or formulate goal (e.g. community forum)
- Narrative describing importance of goal

This form will allow attachments, so in the Background Information box you could reference an attached document for more information.

Affordable housing for homeless people who are developmentally disabled, living with mental illness, or recovering from a substance use disorder is a critical recovery support service. Community stakeholder discussions along with local data sources indicate that there is a need for more supportive housing and other residential options within Steuben County.

Do you have a Goal related to addressing this need? ⊙ Yes ○ No

Goal Statement- Is this Goal a priority goal (Maximum 5 Objectives per goal)? ⊙ Yes ○ No

The Goal Statement should be a specific, clear, and succinct statement of a desired outcome. It should be focused on a change that is tangible, achievable and within the control of the LGU. Avoid vague statements that focus on "maintaining" or "continuing" activity that simply maintains the status quo.

Increase access to affordable housing with support services.

Objective Statement

Objective Statements should describe a shorter-term action the LGU will take to achieve the longer-term goal. Each goal should have at least one objective. You may have multiple objectives for each goal. The objective should identify the approach to be taken to help achieve the desired outcome. It answers the question, "How will the goal be achieved?"

Add an Objective (Maximum 5 Objectives per goal) | Remove Objective

Objective 1: Increase the number of community beds available for individuals that are living with a mental illness, recovering from a substance use disorder, or who are developmentally disabled.
　　　Applicable State Agency: (check all that apply): ☑ OASAS ☑ OMH ☑ OPWDD

Objective 2: Provider agencies will identify funding and work collaboratively to expand supportive housing and respite options.
　　　Applicable State Agency: (check all that apply): ☑ OASAS ☑ OMH ☑ OPWDD

Change Over Past 12 Months (Optional)

This optional, free-text box allows LGUs to describe any change in the need driving the goal or any progress made towards the goal in the last year. Where possible, include specific measurable accomplishments and milestones achieved. You may also want to identify barriers to achieving stated goals and objectives and describe the rationale for any changes made to the goal statement or associated strategies.

2b. Transportation - Background Information

The Background Information box is a free-text box for LGUs to provide any additional information or more details related to the need and the Goal, such as:

- Data sources used to identify need (e.g. hospital admission data)
- Assessment activities used to indicate need or formulate goal (e.g. community forum)
- Narrative describing importance of goal

This form will allow attachments, so in the Background Information box you could reference an attached document for more information.

Steuben County is a geographically large rural area spanning 1,404 square miles. Although public transportation is available in the cities of Hornell, Corning and the villages of Bath and Hammondsport, it requires individuals living outside of these areas to travel several miles if not more to gain access such transportation. This access is not feasible for most residents. Without a means of transportation many individuals and families are not receiving the medical and/or behavioral heath services they need.

Do you have a Goal related to addressing this need? ⊙ Yes ○ No

Goal Statement- Is this Goal a priority goal (Maximum 5 Objectives per goal)? ⊙ Yes ○ No

The Goal Statement should be a specific, clear, and succinct statement of a desired outcome. It should be focused on a change that is tangible, achievable and within the control of the LGU. Avoid vague statements that focus on "maintaining" or "continuing" activity that simply maintains the status quo.

Increase access to public transportation.

Objective Statement

Objective Statements should describe a shorter-term action the LGU will take to achieve the longer-term goal. Each goal should have at least one objective. You may have multiple objectives for each goal. The objective should identify the approach to be taken to help achieve the desired outcome. It answers the question, "How will the goal be achieved?"

Add an Objective (Maximum 5 Objectives per goal) | Remove Objective

Objective 1: Provider agencies will work collaboratively with Steuben Coordinated Transportation to identify funding and other options to increase accessibility of public transportation within Steuben County.
Applicable State Agency: (check all that apply): ☑ OASAS ☑ OMH ☑ OPWDD

Objective 2: Provider agencies will work collaboratively to identify transportation options that would serve as an alternative to public transportation for those seeking behavioral health and other medical services.
Applicable State Agency: (check all that apply): ☑ OASAS ☑ OMH ☑ OPWDD

Change Over Past 12 Months (Optional)

This optional, free-text box allows LGUs to describe any change in the need driving the goal or any progress made towards the goal in the last year. Where possible, include specific measurable accomplishments and milestones achieved. You may also want to identify barriers to achieving stated goals and objectives and describe the rationale for any changes made to the goal statement or associated strategies.

2c. Crisis Services - Background Information

The Background Information box is a free-text box for LGUs to provide any additional information or more details related to the need and the Goal, such as:

- Data sources used to identify need (e.g. hospital admission data)
- Assessment activities used to indicate need or formulate goal (e.g. community forum)
- Narrative describing importance of goal

This form will allow attachments, so in the Background Information box you could reference an attached document for more information.

With the past closure of St. James Mercy Hospital's adult and adolescent PCU (located in Hornell NY) and more recent closure of Soldiers & Sailors Memorial Hospital's adult PCU (located in Penn Yan NY) residents no longer have an inpatient psychiatric hospital available in the county or just outside of the County requiring individuals in need of such service to travel a significant distance. Community stakeholder discussions along with State and local data sources highlight the need for more community based crisis services to enhance hospital diversion efforts.

Do you have a Goal related to addressing this need? ⦿ Yes ○ No

Goal Statement- Is this Goal a priority goal (Maximum 5 Objectives per goal)? ⦿ Yes ○ No

The Goal Statement should be a specific, clear, and succinct statement of a desired outcome. It should be focused on a change that is tangible, achievable and within the control of the LGU. Avoid vague statements that focus on "maintaining" or "continuing" activity that simply maintains the status quo.

Prevent suicide among youth and adults.

Objective Statement

Objective Statements should describe a shorter-term action the LGU will take to achieve the longer-term goal. Each goal should have at least one objective. You may have multiple objectives for each goal. The objective should identify the approach to be taken to help achieve the desired outcome. It answers the question, "How will the goal be achieved?"

Add an Objective (Maximum 5 Objectives per goal) | Remove Objective

Objective 1: OMH funding will be utilized to support community based crisis response, support for families (to include skill building services), and bridger care management services.
Applicable State Agency: (check all that apply): ☑ OASAS ☑ OMH ☑ OPWDD

Objective 2: Research funding opportunities to expand psychiatric assessment/treatment and mental health counseling by making it available to local primary care offices via telemedicine.
Applicable State Agency: (check all that apply): ☑ OASAS ☑ OMH ☑ OPWDD

Objective 3: Implement training for professional and non-professionals specific to the recognition of at risk behavior and treatment resources available in their community.

Applicable State Agency: (check all that apply): ☑ OASAS ☑ OMH ☑ OPWDD

Objective 4: The Community Mental Health Center will work in collaboration with other area providers to increase crisis respite opportunities for individuals of all ages (especially children under the age of 12).
Applicable State Agency: (check all that apply): ☑ OASAS ☑ OMH ☑ OPWDD

Objective 5: OMH funding will be utilized to support Tri-County (Steuben, Allegany & Livingston) Home Based Crisis Intervention (HBCI) program for children and young adults up to 21 years of age. A proposal will be submitted to OMH to increase the number of Intensive Case Coordinators (ICC's) from two to three.
Applicable State Agency: (check all that apply): ☑ OASAS ☑ OMH ☐ OPWDD

Change Over Past 12 Months (Optional)

This optional, free-text box allows LGUs to describe any change in the need driving the goal or any progress made towards the goal in the last year. Where possible, include specific measurable accomplishments and milestones achieved. You may also want to identify barriers to achieving stated goals and objectives and describe the rationale for any changes made to the goal statement or associated strategies.

2d. Workforce Recruitment and Retention (service system) - Background Information

The Background Information box is a free-text box for LGUs to provide any additional information or more details related to the need and the Goal, such as:

- Data sources used to identify need (e.g. hospital admission data)
- Assessment activities used to indicate need or formulate goal (e.g. community forum)
- Narrative describing importance of goal

This form will allow attachments, so in the Background Information box you could reference an attached document for more information.

Consistent with national workforce statistics specific to rural communities, there is a shortage of mental health professionals and substance abuse counselors in Steuben County. Similarly, OPWDD licensed programs within the County face significant issues related to the recruitment and retention of qualified staff.

Do you have a Goal related to addressing this need? ⦿ Yes ○ No

Goal Statement- Is this Goal a priority goal (Maximum 5 Objectives per goal)? ⦿ Yes ○ No

The Goal Statement should be a specific, clear, and succinct statement of a desired outcome. It should be focused on a change that is tangible, achievable and within the control of the LGU. Avoid vague statements that focus on "maintaining" or "continuing" activity that simply maintains the status quo.

Increase the number of mental health professionals (e.g., psychiatrists, psychiatric nurse practitioners, licensed social workers, etc.), substance abuse counselors, and individuals qualified to work with individuals with developmental disabilities in Steuben County.

Objective Statement

Objective Statements should describe a shorter-term action the LGU will take to achieve the longer-term goal. Each goal should have at least one objective. You may have multiple objectives for each goal. The objective should identify the approach to be taken to help achieve the desired outcome. It answers the question, "How will the goal be achieved?"

Add an Objective (Maximum 5 Objectives per goal) | Remove Objective

Objective 1: Increase the number of internship agreements with colleges and universities located within the State that have students who are interested in gaining work experience in rural communities.
Applicable State Agency: (check all that apply): ☑ OASAS ☑ OMH ☑ OPWDD

Objective 2: Increase advocacy efforts with the State to increase funding related to reimbursement and other financial aspects of licensed programs in an effort to increase job salaries.
Applicable State Agency: (check all that apply): ☑ OASAS ☑ OMH ☑ OPWDD

Objective 3: Research funding opportunities to purchase computers and other needed technology to support the provision of telemedicine services.
Applicable State Agency: (check all that apply): ☑ OASAS ☑ OMH ☑ OPWDD

Change Over Past 12 Months (Optional)

This optional, free-text box allows LGUs to describe any change in the need driving the goal or any progress made towards the goal in the last year. Where possible, include specific measurable accomplishments and milestones achieved. You may also want to identify barriers to achieving stated goals and objectives and describe the rationale for any changes made to the goal statement or associated strategies.

2I. Heroin and Opioid Programs and Services - Background Information

The Background Information box is a free-text box for LGUs to provide any additional information or more details related to the need and the Goal, such as:

- Data sources used to identify need (e.g. hospital admission data)
- Assessment activities used to indicate need or formulate goal (e.g. community forum)
- Narrative describing importance of goal

This form will allow attachments, so in the Background Information box you could reference an attached document for more information.

State and local data indicates that the number of deaths related to heroin and prescription opioids is on the rise in Steuben County. This increase has highlighted the need to expand opioid and other addiction treatment programs within the county.

Do you have a Goal related to addressing this need? ⦿ Yes ◯ No

Goal Statement- Is this Goal a priority goal (Maximum 5 Objectives per goal)? ⦿ Yes ◯ No

The Goal Statement should be a specific, clear, and succinct statement of a desired outcome. It should be focused on a change that is tangible, achievable and within the control of the LGU. Avoid vague statements that focus on "maintaining" or "continuing" activity that simply maintains the status quo.

Prevent Heroin and other opioid abuse.

Objective Statement

Objective Statements should describe a shorter-term action the LGU will take to achieve the longer-term goal. Each goal should have at least one objective. You may have multiple objectives for each goal. The objective should identify the approach to be taken to help achieve the desired outcome. It answers the question, "How will the goal be achieved?"

Add an Objective (Maximum 5 Objectives per goal) | Remove Objective

Objective 1: Substance abuse treatment providers will identify funding and work collaboratively to expand access to medication assisted treatment (MAT) making it available to individuals who are enrolled in treatment services while incarcerated at our county jail and through community providers such as Steuben County Alcohol and Substance Abuse Services (SCASAS) and local primary care practices via telemedicine.
 Applicable State Agency: (check all that apply): ☑ OASAS ☐ OMH ☐ OPWDD

Objective 2: The Steuben Prevention Coalition Opioid Committee will work collaboratively with SCASAS and other community partners to further awareness and education by holding community events, creating brochures and literature for distribution, and by creating researched and fact based social media posts to educate the community about the opioid crisis.
 Applicable State Agency: (check all that apply): ☑ OASAS ☐ OMH ☐ OPWDD

Objective 3: Work collaboratively with local agencies to increase the availability of peer recovery support services (i.e., need funding to cover certification costs) and to increase the number of physicians willing to evaluate, prescribe, and monitor medications used in the treatment of addiction.
 Applicable State Agency: (check all that apply): ☑ OASAS ☑ OMH ☐ OPWDD

Objective 4: Collaborative efforts among law enforcement and community partners will utilize local ODMAP data to link individuals with treatment, peer, and other support services.
 Applicable State Agency: (check all that apply): ☑ OASAS ☐ OMH ☐ OPWDD

Objective 5: Additional CASAC positions to be established as part of forensic team providing treatment services at the County jail and to complete substance abuse evaluations on individuals admitted to Ira Davenport Memorial Hospital's medically managed detoxification program.
 Applicable State Agency: (check all that apply): ☑ OASAS ☐ OMH ☐ OPWDD

Change Over Past 12 Months (Optional)

This optional, free-text box allows LGUs to describe any change in the need driving the goal or any progress made towards the goal in the last year. Where possible, include specific measurable accomplishments and milestones achieved. You may also want to identify barriers to achieving stated goals and objectives and describe the rationale for any changes made to the goal statement or associated strategies.

2v. Developmental Disability Self-Directed Services - Background Information

The Background Information box is a free-text box for LGUs to provide any additional information or more details related to the need and the Goal, such as:

- Data sources used to identify need (e.g. hospital admission data)
- Assessment activities used to indicate need or formulate goal (e.g. community forum)
- Narrative describing importance of goal

This form will allow attachments, so in the Background Information box you could reference an attached document for more information.

Local data and stakeholder meetings highlight the increased need for Self-Directed Services to assit individuals with developmental disabilities in accessing housing and employment opportunites within the community.

Do you have a Goal related to addressing this need? ⦿ Yes ◯ No

Goal Statement- Is this Goal a priority goal (Maximum 5 Objectives per goal)? ⦿ Yes ◯ No

The Goal Statement should be a specific, clear, and succinct statement of a desired outcome. It should be focused on a change that is tangible, achievable and within the control of the LGU. Avoid vague statements that focus on "maintaining" or "continuing" activity that simply maintains the status quo.

Increase housing and employment options for people with developmental disabilities.

Objective Statement

Objective Statements should describe a shorter-term action the LGU will take to achieve the longer-term goal. Each goal should have at least one objective. You may have multiple objectives for each goal. The objective should identify the approach to be taken to help achieve the desired outcome. It answers the question, "How will the goal be achieved?"

Add an Objective (Maximum 5 Objectives per goal) | Remove Objective

Objective 1: Expand housing options by assisting individuals explore living in his/her own apartment with supports.
    Applicable State Agency: (check all that apply): ☐ OASAS ☐ OMH ☑ OPWDD

Objective 2: Individuals with developmental disabilities will develop job skills and work experience needed to transition to integrated employment through making community service and volunteer work part of career exploration.
    Applicable State Agency: (check all that apply): ☐ OASAS ☐ OMH ☑ OPWDD

Objective 3: Efforts will be made to increase the number of employment opportunities available through local businesses.
    Applicable State Agency: (check all that apply): ☐ OASAS ☐ OMH ☑ OPWDD

Objective 4: Marketing approaches will be researched and utilized to ensure families and non OPWDD service providers aware of available services and how to access such services.
    Applicable State Agency: (check all that apply): ☐ OASAS ☐ OMH ☑ OPWDD

Objective 5: ARC of Steuben will continue to provide employment services for people with developmental disabilities who are unable to be competitively employed in the community.
    Applicable State Agency: (check all that apply): ☐ OASAS ☐ OMH ☑ OPWDD

Change Over Past 12 Months (Optional)

This optional, free-text box allows LGUs to describe any change in the need driving the goal or any progress made towards the goal in the last year. Where possible, include specific measurable accomplishments and milestones achieved. You may also want to identify barriers to achieving stated goals and objectives and describe the rationale for any changes made to the goal statement or associated strategies.

2z. Other Need (Specify in Background Information) - Background Information

The Background Information box is a free-text box for LGUs to provide any additional information or more details related to the need and the Goal, such as:

- Data sources used to identify need (e.g. hospital admission data)
- Assessment activities used to indicate need or formulate goal (e.g. community forum)
- Narrative describing importance of goal

This form will allow attachments, so in the Background Information box you could reference an attached document for more information.

State and local data indicates that some Steuben County Medicaid enrollees overuse hospital services.

Do you have a Goal related to addressing this need? ⊙ Yes ○ No

Goal Statement- Is this Goal a priority goal (Maximum 5 Objectives per goal)? ⊙ Yes ○ No

The Goal Statement should be a specific, clear, and succinct statement of a desired outcome. It should be focused on a change that is tangible, achievable and within the control of the LGU. Avoid vague statements that focus on "maintaining" or "continuing" activity that simply maintains the status quo.

Improve the integration of physical health and behavioral health to achieve a 25% reduction in avoidable hospital use.

Objective Statement

Objective Statements should describe a shorter-term action the LGU will take to achieve the longer-term goal. Each goal should have at least one objective. You may have multiple objectives for each goal. The objective should identify the approach to be taken to help achieve the desired outcome. It answers the question, "How will the goal be achieved?"

Add an Objective (Maximum 5 Objectives per goal) | Remove Objective

Objective 1: Steuben County Community Menatl Health Center (SCCMHC) staff will provide community crisis intervention services as outlined in project 3.a.ii. of the Delevery System Reform Incentive Payment (DSRIP) program.
Applicable State Agency: (check all that apply): ☐ OASAS ☑ OMH ☐ OPWDD

Objective 2: SCCMHC and Steuben County Alcohol and Substance Abuse Services (SCASAS) will continue to look for opportunities to integrate behavioral health specialists into primary care locations as outlined in DSRIP project 3.a.i.
Applicable State Agency: (check all that apply): ☑ OASAS ☑ OMH ☐ OPWDD

Objective 3: SCCMHC care managers will provide transition services to individuals being discharged from inpatient hospitals in accordance with DSRIP project 2.b.iv.
Applicable State Agency: (check all that apply): ☑ OASAS ☑ OMH ☐ OPWDD

Objective 4: As a member of Integrity Partners for Behavioral Health, a Behavioral Health Care Collaborative (BHCC based out of Batavia NY) SCCMHC will continue its value based preparedness as a network provider.
Applicable State Agency: (check all that apply): ☑ OASAS ☑ OMH ☐ OPWDD

Objective 5: SCCMHC will work collaboratively with area providers (Pathways and Family Service Society of Steuben) to increase the availability of Home and Community Based Services (HCBS).
Applicable State Agency: (check all that apply): ☐ OASAS ☑ OMH ☐ OPWDD

Change Over Past 12 Months (Optional)

This optional, free-text box allows LGUs to describe any change in the need driving the goal or any progress made towards the goal in the last year. Where possible, include specific measurable accomplishments and milestones achieved. You may also want to identify barriers to achieving stated goals and objectives and describe the rationale for any changes made to the goal statement or associated strategies.

2aa. Other Need 2 (Specify in Background Information) - Background Information

The Background Information box is a free-text box for LGUs to provide any additional information or more details related to the need and the Goal, such as:

- Data sources used to identify need (e.g. hospital admission data)
- Assessment activities used to indicate need or formulate goal (e.g. community forum)
- Narrative describing importance of goal

This form will allow attachments, so in the Background Information box you could reference an attached document for more information.

Results of local surveys completed by 8th, 10th, and 12th grade students attending public schools in Steuben County shows alcohol, heroin, and e-cigarrette use by the youths in all three grades is higher than the national average, while marijuanna use by students in the 8th grade ranks higher than the national average.

Do you have a Goal related to addressing this need? ⦿ Yes ○ No

Goal Statement- Is this Goal a priority goal (Maximum 5 Objectives per goal)? ⦿ Yes ○ No

The Goal Statement should be a specific, clear, and succinct statement of a desired outcome. It should be focused on a change that is tangible, achievable and within the control of the LGU. Avoid vague statements that focus on "maintaining" or "continuing" activity that simply maintains the status quo.

Reduce alcohol, drug, and e-cigarette use among County youths.

Objective Statement

Objective Statements should describe a shorter-term action the LGU will take to achieve the longer-term goal. Each goal should have at least one objective. You may have multiple objectives for each goal. The objective should identify the approach to be taken to help achieve the desired outcome. It answers the question, "How will the goal be achieved?"

Add an Objective (Maximum 5 Objectives per goal) | Remove Objective

Objective 1: Members of the Steuben Prevention Coalition will work collaboratively to identify funding to continue its prevention efforts.
Applicable State Agency: (check all that apply): ☑ OASAS ☐ OMH ☐ OPWDD

Objective 2: Prevention efforts with school aged students specific to marijuana will need to be increased given pending legislation to legalize recreational use.
Applicable State Agency: (check all that apply): ☑ OASAS ☐ OMH ☐ OPWDD

Objective 3: Representatives from area prevention providers and SCASAS will accompany the Steuben Coalition Director when meeting with local school district administrators to share results of student surveys and to provide information about available services.
Applicable State Agency: (check all that apply): ☑ OASAS ☐ OMH ☐ OPWDD

Objective 4: Develop peer to peer video messaging to be used on social media platforms. Increase public awareness of addiction and mental health treatment services available within the County by disseminating program information to regional health home service providers, hospitals, primary care offices, County courts, and other applicable businesses.
Applicable State Agency: (check all that apply): ☑ OASAS ☐ OMH ☐ OPWDD

Change Over Past 12 Months (Optional)

This optional, free-text box allows LGUs to describe any change in the need driving the goal or any progress made towards the goal in the last year. Where possible, include specific measurable accomplishments and milestones achieved. You may also want to identify barriers to achieving stated goals and objectives and describe the rationale for any changes made to the goal statement or associated strategies.

COMPLETE

Monday, September 14, 2020 2:25:01 PM

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Q1

Contact Information

Name	**Henry W Chapman**
Title	**Director of Community Services**
Email	**Hchapman@steubencountyny.gov**

Q2

LGU:

Steuben County Alcohol Substance Abuse

Q3

a.   Indicate how your local mental hygiene service system (i.e., mental health, substance use disorder and problem gambling, and developmental disability populations), overall, has been affected by the COVID-19 pandemic: Please specifically note, Any cross-system issues that affect more than one population; Any specific racial/ethnic groups or populations that have been disproportionately impacted by COVID-19; and Any differences between adult services and children's services.

Many providers did not have and in some cases still don't have the technology they need to provide "remote" offsite services via video conferencing and/or phone services. Similarly consumers of MH, SA, OPWDD services faced the same challenges. Given the geography of Steuben County some individuals do not have access to internet or cell phone service. The provision of Children's services especially younger children has been challenging as it is difficult to get them to participate in online or telephone counseling other than brief periods of time. Not seeing any specific racial/ethnic groups disproportionately impacted by Covid 19 in Steuben County.

Q4

b.   Indicate how your mental health service needs, overall, have been affected by the COVID-19 pandemic:Please specifically note, Any specific racial/ethnic groups or populations that have been disproportionately impacted by COVID-19; and Any differences between adult services and children's services.

Individuals that we have had contact with are reporting increased symptoms of anxiety and depression due to being socially isolated. These same individuals struggle finding ways to cope given the closure of many businesses, gyms, restaurants, etc. Children service needs have increased with the closure of schools. Given the rural nature of our county many students and their families rely on supports they receive through the local school districts. Similar to adults we are seeing an increase in the number of children feeling anxious due to social isolation.   Although some individuals are seen face to face in an office setting most providers continue to offer counseling and other support services via video conferencing and/or phone. There has been an increase in crisis outreach services since the onset of Covid 19.

Q5

c.   Indicate how your substance use disorder (SUD) and problem gambling needs, overall, have been affected by the COVID-19 pandemic:Please specifically note, Any specific racial/ethnic groups or populations that have been disproportionately impacted by COVID-19; and Any differences between adult services and children's services.

Although some individuals are seen face to face in an office setting most providers continue to offer counseling via video conferencing and phone. Some clients have not followed through with treatment as they have been held less accountable through the legal system/courts. Substance abuse providers have seen a decrease in number of services rendered due to Covid 19 health guidelines reducing the number of people who can attend groups at the same time. In comparison to adults children have been more difficult to engage in telehealth services. There has been an increase in the number of reported drug overdoses since the onset of Covid 19.

Q6

d.   Indicate how the needs of the developmentally disabled population, overall, have been affected by the COVID-19 pandemic:Please specifically note, Any specific racial/ethnic groups or populations that have been disproportionately impacted by COVID-19; and Any differences between adult services and children's services.

Due to Covid 19 Individuals living in community residences have been more isolated due to closures or reduced access to businesses, recreational, or other resources available in the community. Some parents/relatives have removed their son or daughter from community residences due to concerns with Covid 19 and will not return them until there is an effective vaccine available. Many individuals do not have the technology available or struggle with the use to make telehealth services a viable option. Some staff and participant employees of work programs have been furloughed due to Covid 19. Over the past couple months many have been brought back to work but not all due to occupancy restrictions.

Q7

a. Mental Health providers

No additional training, information, education materials, or policy needed as the information and supports from the State have been helpful.

Q8

b.   SUD and problem gambling service providers:

No additional training, information, education materials, or policy needed as the information and supports from the State have been helpful.

Q9

c.   Developmental disability service providers:

No additional training, information, education materials, or policy needed as the information and supports from the State have been helpful.

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Q10

a.   Since March 1, 2020, how would you describe DEMAND for mental health services in each of the following program categories?

INPATIENT (State PC, Article 28/31 Inpatient, Residential Treatment Facilities)	**Increased**
OUTPATIENT (Clinic, ACT, Day Treatment, PROS, Continuing Day Treatment, Partial Hospitalization)	**Increased**
RESIDENTIAL (Support, Treatment, Unlicensed Housing)	**Increased**
EMERGENCY (Comprehensive Psychiatric Emergency Programs, Crisis Programs)	**Increased**
SUPPORT (Care Coordination, Education, Forensic, General, Self-Help, Vocational)	**No Change**

Q11

If you would like to add any detail about your responses above, please do so in the space below:

Respondent skipped this question

Q12

b.   Since March 1, 2020, how would you describe ACCESS to mental health services in each of the following program categories?

INPATIENT (State PC, Article 28/31 Inpatient, Residential Treatment Facilities)	**No Change**
OUTPATIENT (Clinic, ACT, Day Treatment, PROS, Continuing Day Treatment, Partial Hospitalization)	**Decreased**
RESIDENTIAL (Support, Treatment, Unlicensed Housing)	**Decreased**
EMERGENCY (Comprehensive Psychiatric Emergency Programs, Crisis Programs)	**No Change**
SUPPORT (Care Coordination, Education, Forensic, General, Self-Help, Vocational)	**Decreased**

Q13   **Respondent skipped this question**

If you would like to add any detail about your responses
above, please do so in the space below:

Q14

a.   Since March 1, 2020, what number of mental health program sites in your county closed or limited operations due to COVID-19, apart from transition to telehealth?

4

Q15

If you would like to add any detail about your responses above, please do so in the space below:

Four school based programs closed due to local school district closures.

Q16

b.   What number of mental health program sites in your county remain closed or are offering limited services now, apart from transition to telehealth?

0

Q17   **Respondent skipped this question**

If you would like to add any detail about your responses
above, please do so in the space below:

Q18   **Yes**

c. If your county operates services, did you maintain any
level of in-person mental health treatment

Q19

If you would like to add any detail about your responses above, please do so in the space below:

Since the onset of Covid 19 in-person mental health treatment continued for individuals requiring injectable medication. Individuals were also seen in person for crisis outreach services as needed. Currently approximately 25% of individuals enrolled in treatment services are seen face to face in an office setting.

Q20

d. As a result of COVID-19, are any mental health programs in your county closing operations permanently? If yes, list program name(s) and type(s).

No

Q21

If you would like to add any detail about your responses above, please do so in the space below:

Respondent skipped this question

Q22

e. Did any mental health programs in your county close due to workforce issues (e.g. staff infections, recruitment/retention issues)?

No

Q23

If you would like to add any detail about your responses above, please do so in the space below:

Respondent skipped this question

Q24

a. Apart from telehealth, during COVID-19, did your county or mental health providers within your county develop any innovative services or methods of program delivery that may be continued post-COVID? If yes, please describe.

No

Q25

b. During COVID-19, did any mental health providers within your county form any partnerships with other providers that may be continued post-COVID? If yes, please describe.

No

Q26

a. During COVID-19, how many mental health providers within your county implemented existing continuity of operations plans?

1

Q27

If you would like to add any detail about your responses
above, please do so in the space below:

Respondent skipped this question

Q28

b.   During COVID-19, how many mental health providers within your county did not implement existing continuity of
operations plans?

0

Q29

If you would like to add any detail about your responses
above, please do so in the space below:

Respondent skipped this question

Q30

c.   During COVID-19, did your county LGU or Office of
Emergency Management (OEM) assist any mental health
providers in the development or revision of continuity of
operations plans?

OEM

Q31

If you would like to add any detail about your responses above, please do so in the space below:

No modifications needed as we followed plan already in place.

Q32

During COVID-19, what OMH guidance documents were
beneficial to your disaster management process?

Program-level Guidance,

Telemental Health Guidance,

Infection Control Guidance,

Fiscal and Contract Guidance,

Please provide any feedback on OMH's guidance
resources::
Guidance was very thorough and timely.

Page 3

Q33

1. Please indicate any needs for or issues with SUD and problem gambling prevention, treatment, and recovery
providers acquiring Personal Protective Equipment (PPE), face masks, cleaning or disinfectant supplies, or similar
materials related to the COVID-19 pandemic:

At the onset of Covid 19 it was very difficult to get PPE. Current supplies are now adequate and meet minimal criteria.

Q34

a.   How has COVID-19 affected the delivery of and demand for SUD and problem gambling prevention services in your county?

Demand has increased due to Covid 19. However, prevention service provision has changed as there is less face to face individual and/or group counseling done in the office- most is offered via telehealth. Prevention services offered to school aged children has been a significant challenge due to local school district closures. Community education and awareness events have been canceled.

Q35

b.   How has COVID-19 affected the delivery of and demand for SUD and problem gambling recovery services in your county?

Demand has increased.   However, recovery service provision has changed largely to video and phone conferencing as there is less face to face peer and support groups. Some individuals have chose not to be as involved in their recovery as a result.

Q36

c.   How has COVID-19 affected the delivery of and demand for problem gambling treatment services in your county?

Demand has increased.   However, service provision has changed as there is less face to face individual and/or group counseling done in the office- most is offered via telehealth. Some clients have not followed through with treatment or are inconsistent with appointments as a result.

Q37

d.   Since March 1, 2020, how would you describe DEMAND for SUD Treatment services in each of the following program categories?

INPATIENT	**Increased**
OUTPATIENT	**Increased**
OTP	**N/A**
RESIDENTIAL	**No Change**
CRISIS	**Increased**

Q38   **Respondent skipped this question**

If you would like to add any detail about your responses
above, please do so in the space below:

Q39

e.   Since March 1, 2020, how would you describe ACCESS to SUD Treatment services in each of the following program categories?

INPATIENT	**Decreased**
OUTPATIENT	**Decreased**
OTP	**No Change**
RESIDENTIAL	**Decreased**
CRISIS	**No Change**

Q40

If you would like to add any detail about your responses above, please do so in the space below:

Respondent skipped this question

Q41

a.   Apart from telehealth, during COVID-19, did your county or SUD and problem gambling service providers within your county develop any innovative services or methods of program delivery that may be continued post-COVID? If yes, please describe.

No

Q42

b.   During COVID-19, did SUD and problem gambling service providers within your county form any partnerships with other providers that may be continued post-COVID? If yes, please describe.

No

Page 4

Q43

1. Has your county conducted analysis on the impact of COVID related to IDD services/OPWDD service system? If yes, please explain.

No

Q44

2. What are the greatest challenges your county will be facing over the next 12 months related to IDD services?

Although the basic needs of individuals living in supportive residences are being met it is a challenge to not have them feel "isolated" due to less availability of recreation and other community resources. Not everyone has the necessary technology or lacks the ability to utilize the technology to support the provision of telehealth services. More stress is being felt by caregivers taking care of individuals in their own homes.

Q45

3. Is there data that would be helpful for OPWDD to provide to better information the local planning process? Please list by order of priority/importance.

None Identified.

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Q46

Please use the optional space below to describe anything else related to the effects of COVID-19 on Mental Hygiene service delivery that you were not able to address in the previous questions:

Respondent skipped this question