

ST.LIST.CRISIS-SUPPORT

Broome

PROVIDER	RESOURCE	CONTACT
United Health Services - Comprehensive Psychiatric Emergency Program (CPEP)	24/7 Crisis Hotline	607-762-2302 or 1-800-451-0560
Mental Health Association of the Southern Tier	Crisis Intervention	607-766-1369
Mental Health Association of the Southern Tier	24/7 Short-term Peer-run Crisis Respite House	607-771-8888 ext 350
Southern Tier Mobile Integration Team	Crisis Intervention	1-844-435-7648
United Health Services - New Horizons	24/7 Alcohol and Drug Crisis Hotline	607-762-2257
Helio Health - Binghamton Evaluation Center	24/7 Inpatient Withdrawal & Stabilization and Inpatient Rehabilitation	607-296-3079
Mental Health Association of the Southern Tier	24/7 Peer-run Warmline	607-240-7291
Rehabilitation Support Services	Peer Warmline Sat. & Sun. 4p-9p	607-687-1314 or 1-844-976-5463
Binghamton Veteran's Center	Support Line M-F 9AM to 5:30PM	607-722-2392 or 1-866-716-8213
Clear Path for Vets	Support Line	315-687-3300
BC Safe Line	Drug and Alcohol Treatment Resources	607-778-6119
Office of Mental Health- Customer Relations	NYS Mental Health Services	1-800-597-8481
Office of Addiction Services and Supports	24hr Support Line	1-877-846-7369 or Text "HOPENY" to 467369
United Way	24hr Resource Hotline	211 or 1-800-901-2180

ST.LIST.CRISIS-SUPPORT
Chenango

PROVIDER	RESOURCE	CONTACT
The Neighborhood Center, Inc - Mobile Crisis Assesment Team (MCAT)	24 hr Crisis Intervention	1-877-369-6699 or 1-844-732-6228
Southern Tier Mobile Integration Team	24 hr Crisis Intervention	1-844-435-7648
Rehabilitation Support Services	Peer Warmline Sat. & Sun. 4p-9p	607-687-1314 or 1-844-976-5463
Helio Health - Binghamton Evaluation Center	24/7 Inpatient Withdrawal & Stabilization and Inpatient Rehabilitation	607-296-3079
Help Restore Hope Hotline	24hr Domestic Violence Crisis Line	1-855-966-9723
Chenango County Catholic Cahrities 24-Hour Crime Victims Hotline	24hr Hotline for victims of crime	607-336-1101
Cortland Chenango Rural Services	Hotline for free food/clothing	607-863-3828
Department of Social Services	Emergency Homeless Services	607-337-1500
Opportunities for Chenango	Homlessnes	607-334-7114
Office of Mental Health- Customer Relations	NYS Mental Health Services	1-800-597-8481
Office of Addiction Services and Supports	24hr Support Line	1-877-846-7369 or Text "HOPENY" to 467369
United Way	24hr Resource Hotline	211 or 1-800-901-2180

ST.LIST.CRISIS-SUPPORT
Delaware

PROVIDER	RESOURCE	CONTACT
The Neighborhood Center, Inc - Mobile Crisis Assessment Team (MCAT)	24 hr Crisis Intervention	1-844-732-6228
Southern Tier Mobile Integration Team	24 hr Crisis Intervention	1-844-435-7648
Rehabilitation Support Services	Peer Warmline Sat. & Sun. 4p-9p	607-687-1314 or 1-844-976-5463
Helio Health - Binghamton Evaluation Center	24/7 Inpatient Withdrawal & Stabilization and Inpatient Rehabilitation	607-296-3079
Office of Mental Health- Customer Relations	NYS Mental Health Services	1-800-597-8481
Office of Addiction Services and Supports	24hr Support Line	1-877-846-7369 or Text "HOPENY" to 467369
United Way	24hr Resource Hotline	211 or 1-800-901-2180

ST.LIST.CRISIS-SUPPORT

Tioga

PROVIDER	RESOURCE	CONTACT
Tioga County Department of Mental Hygiene	24/7 Hotline	M-F 9am-5pm: 607-687-4000; All other times: 607-687-1010
Southern Tier Mobile Integration Team	24 hr Crisis Intervention	1-844-435-7648
Rehabilitation Support Services	Peer Warmline Sat. & Sun. 4p-9p	607-687-1314 or 1-844-976-5463
Helio Health - Binghamton Evaluation Center	24/7 Inpatient Withdrawal & Stabilization and	607-296-3079
Office of Mental Health- Customer Relations	NYS Mental Health Services	1-800-597-8481
Office of Addiction Services and Supports	24hr Support Line	1-877-846-7369 or Text "HOPENY" to 467369
United Way	24hr Resource Hotline	211 or 1-800-901-2180

ST.LIST.CRISIS-SUPPORT
Tompkins

PROVIDER	RESOURCE	CONTACT
Suicide Prevention and Crisis Services of Ithaca	24/7 Hotline	607-272-1616 or 800-273-8255
Southern Tier Mobile Integration Team	24 hr Crisis Intervention	1-844-435-7648
Rehabilitation Support Services	Peer Warmlines Sat. & Sun. 4p-9p	607-687-1314 or 1-844-976-5463
Helio Health - Binghamton Evaluation Center	24/7 Inpatient Withdrawal & Stabilization and Inpatient Rehabilitation	607-296-3079
Office of Mental Health- Customer Relations	NYS Mental Health Services	1-800-597-8481
Office of Addiction Services and Supports	24hr Support Line	1-877-846-7369 or Text "HOPENY" to 467369
United Way	24hr Resource Hotline	211 or 1-800-901-2180

ST.LIST.CRISIS-SUPPORT
NATIONAL

PROVIDER	RESOURCE	CONTACT
National Suicide Prevention Lifeline	24/7 Hotline	1-800-273-TALK (8255)
National Alliance on Mental Illness	24/7 Textline	Text "NAMI" or "HELLO" or "GOT5" to 741741
National Alliance on Mental Illness	Helpline - M-F 10am to 6pm	1-800-950-NAMI (6264)