



2023 Goals and Plans Form

Clinton County Mental Health And Addiction Services

Goal 1: We will continue to strengthen the crisis continuum through the implementation of crisis respite beds, a crisis stabilization center and a local, North Country, 988 call center.

Goal 2: Through system of care, we will serve complex children and families, identify barriers to access and appropriate services, and increase education in trauma, resiliency and prevention in schools and community.

Goal 3: We will expand our partnership with Law Enforcement and Behavioral Health Providers with CIT training. We will continue our work of communication and collaboration to divert vulnerable populations from the justice system with LEMHRS, Imminent Risk Meetings and educational opportunities.

Annual and intermediate plans for addiction services:

- Supporting the development of our local OASAS provider's building and utilization of the Crisis Stabilization Center.
- Tracking and gathering data for LEMHRS regarding overdose reports with HIDTA and improving outreach and engagement
- Developing and implementing services at the local jail with MAT services and treatment programming for the incarcerated SUD population
- Implementing the STAR program with the hospital for emergency room bridge prescriptions and outpatient appointments for the SUD population
- Improve and expand imminent risk committee to identify individuals that pose a safety concern and to educate/support partners

Annual and intermediate plans for developmental disability services:

- Serving complex families and developing/creating/providing appropriate supports with children in the OPWDD system through System of Care
- Improving response and education to the emergency services/first responder community through a local Forum
- Strengthening judicial system education and collaboration to develop options and appropriate placement for those with IDD

- Utilizing the hospital and DCS collaborative meetings host s forum to educate, identify, and develop recommendation to the state on barrier and needs in the services system
- Improve and expand imminent risk to identify individuals that pose a safety concern and to educate/support community partners

Annual and intermediate plans for mental health services:

- Supporting the development and utilization of Crisis Respite Beds
- Serving complex families and developing/creating/providing appropriate supports for children through System of Care
- Providing trauma informed training to schools
- Develop a CIT and improve the collaborative with law enforcement and behavioral health crisis response
- Planning for the local 988 Call center for local appropriate resource referral and follow-up
- Complete Law Enforcement Mental Health training for local law enforcement agencies, probation and emergency services.
- Utilizing the hospital and DCS collaborative meetings to host a forum to educate, identify, and develop recommendations to the state on barriers and needs in the services system for individuals that come in contact with the hospital
- Improve and expand imminent risk committee to identify individuals that pose a safety concern and to educate/support partners

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LGU Representative Title: Director of Community Services

Submitted for: Clinton County Mental Health And Addiction Services



2023 Needs Assessment Form

Clinton County Mental Health And Addiction Services

Adverse Childhood Experiences Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional): Education of Adverse Childhood Experiences and Evidence Based Practices that buffer trauma and improve resiliency need to be implemented or reinforced throughout the community. A significant amount of community education, collaboration and practices were prioritized in schools in 2017 and 2018 and it seems as though post pandemic much of the work has been lost or set aside. This work needs to be supported to strengthen the school system and to educate the community on the impact of trauma on children. We need to address the societal trauma of the pandemic, to heal and improve the overall wellness of the community.

Case Management/Care Coordination Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional): Workforce needs, vacancies and turnover, negatively impacts the ability to provide enough staff to adequately provide case management and care coordination.

Crisis Services Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional): The risk and acuity of the SMI and SED population is greater than it has ever been. The emergency rooms are overwhelmed and the workforce is suffering. Strengthening our crisis continuum is vital to support the community and to prevent further escalation of those in crisis. More individuals are in crisis with fewer resources due to staffing, availability of appropriate interventions or barriers that exist with regulatory agencies.

Our community has unique characteristics that do not fit in many current crisis models. There are geographical considerations in terms of travel and response, hazardous driving conditions with snow and/or ice, and often service deserts in terms of access to phone service or internet service. We need innovative, flexible and unique solutions.

Cross System Services Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional): Barriers to true person-centered, individualized work, is due in part to regulations that prevent blended services. These barriers provide the community with little funding flexibility to support individuals who are in multiple systems or have complex needs. Individuals and families should not have to choose the services system or prioritize a need because the systems are not built to accommodate.

Disparities in access to services exist with insurance coverage and are a health equity issue.

Employment/volunteer (client) Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional): There are not enough flexible or accommodating employment or volunteer opportunities for individuals in recovery seeking employment. The community needs more education and support for employers to provide diverse employment experiences and opportunities. Stigma is a contributing factor that narrow opportunities. Employers often take an all or nothing approach to employment/volunteer opportunities and positions need to be reimaged to be more accommodating.

Forensics Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional): The community needs to continue to strengthen the partnership with law enforcement, court systems and jail services to provide appropriate responses, interventions, and diversion opportunities for vulnerable populations.

Housing Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional): Workforce, an increase of individuals in need of housing, and an increase in complexity of those being housed are contributing to a shortage of appropriate housing options. On average the county has over 100 individuals/families utilizing emergency housing. The community would like to advocate for new housing solutions. The community needs opportunities that are smaller in scale and outside of population hubs.

Non-Clinical Supports Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional): Non-clinical supports is as vital as clinical services in our community. Providing assistance in navigating the service system and securing social determinants of health needs is foundational to the overall wellness of the individual and not easily accomplished in a clinical setting.

Outpatient Treatment Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional): In Clinton County, as of September 2022, 71% of individuals presented to the emergency room could have potentially been diverted.

There is a community need for a more robust outpatient system that includes a cross system approach with services systems (OMH, OASAS, OPWDD, DOH, OCFS and State Education Department).

Workforce challenges remain, vacant positions and high turnover rates.

Prevention Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional):

Residential Treatment Services Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional): There are no local residential treatment options or appropriate diagnostic facilities to stabilize and treat the most vulnerable. This need is for all services systems and for the entire life span.

Respite Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional): There is an increased need for respite due to the strain of more complex individuals in our community and limited resources. We need to continue to explore appropriate supportive environments for individuals and provide adequate and appropriate training for the needs of the population. This is for the betterment of the individuals in need and will improve the wellness of the workforce.

Transition Age Services Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Youth Only

Need description (Optional): Transitional youth have been disproportionately affected by the pandemic. Funding for prevention resources, education, social determinants of health and skill building need to be significantly increased for this population.

The community would like to see standardization in defining transitional youth to develop appropriate programming and need assessments.

Transportation Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional): As a rural community, we have limited public transportation and geographical considerations in terms of travel and response, hazardous driving conditions with snow and/or ice, and areas of service deserts in terms of access to phone service or internet service. We need innovative and unique solutions.

Workforce Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional): Workforce is a contributing factor to every need in the county. Workforce funding for bonuses and training was appreciated. Providers would like to see a continuation of funding with a plan for sustainability to continue to support the workforce and develop long term programs for professional well being.

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