



Office of
Mental Health

Office of Alcoholism and
Substance Abuse Services

Office for People With
Developmental Disabilities

2019
Local Services Plan
For Mental Hygiene Services

Tompkins County Mental Health Services
July 18, 2018

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2017 Mental Hygiene Executive Summary
Tompkins County Mental Health Services
Certified: Sharon MacDougall (6/15/18)

Tompkins County Mental Health Services (TCMHS) is dedicated to identifying and filling the gaps in our local substance use, mental health, and developmental disability services. The system transformation occurring throughout the state and country brings our focus on prevention, treatment, and recovery services. TCMHS intends to provide better outcomes for our community members facing mental illness, substance use disorders, and developmental disabilities. In recognizing the need to address the transformational challenges within our department and community, TCMHS has identified four priorities to focus resources and encourage opportunity for collaboration, outlined in this report. The goals will enable TCMHS to respond to the needs identified by our behavioral health community and agencies. Many of the goals cut across prioritized state identified goals within the behavioral health system such as housing, integration, and community services. This plan will guide TCMHS toward changes affecting our community health system in coordination with other local plans such as the Community Health Improvement Plan.

Mental Hygiene Goals and Objectives Form
 Tompkins County Mental Health Services (70130)
 Certified: Sharon MacDougall (6/17/18)

1. Overall Needs Assessment by Population (Required)

Please explain why or how the overall needs have changed and the results from those changes.

a) Indicate how the level of unmet **mental health service needs**, in general, has changed over the past year: Improved Stayed the Same Worsened

Please Explain:

Tompkins Mental Health service needs remain unmet, directly relating to the unique issues at our local level. These are discussed further with our goals and priorities outlined throughout this plan. Main Mental Health unmet needs:

- Housing - a full spectrum of affordable and safe housing options from Crisis to Supportive Housing are unmet needs in Tompkins.
- Community based service gaps remain unmet. Specifically: ACT, transitional age youth supports, inclusive recreational opportunities, school system integration, homeless supports, criminal justice diversion, and integration with OASAS, DOH, & OPWDD.
- Reliable, accessible, and affordable transportation is needed within Tompkins' unique rural and urban environment.

b) Indicate how the level of unmet **substance use disorder (SUD) needs**, in general, has changed over the past year: Improved Stayed the Same Worsened

Please Explain:

Tompkins SUD service needs have worsened directly related to the unique issues at our local level. These are discussed further with our goals and priorities outlined throughout this plan. Main SUD unmet needs:

- Housing - a full spectrum of affordable and safe housing options from Crisis to half way house community services are in high need in Tompkins.
- Community based service gaps remain unmet. Specifically: homeless supports, criminal justice diversion, and integration with OASAS, DOH, & OPWDD.
- Reliable, accessible and affordable transportation is needed within Tompkins' unique rural and urban environment.

c) Indicate how the level of unmet needs of the **developmentally disabled** population, in general, has changed in the past year: Improved Stayed the Same Worsened

Please Explain:

Tompkins developmentally disabled population service needs have worsened directly related to the unique issues at our local level. These are discussed further with our goals and priorities outlined throughout this plan. Main development disability unmet needs:

- Housing - a full spectrum of affordable and safe housing options from respite to community residential services are in high need in Tompkins.
- Community based service gaps remain unmet. Specifically: family supports, criminal justice diversion, clinical assessment and treatment, educational inclusive supports, and integration with OASAS, DOH, & OPWDD.
- Reliable, accessible and affordable transportation is needed within Tompkins' unique rural and urban environment.

2. Goals Based On Local Needs

Issue Category	Applicable State Agenc(ies)		
	OASAS	OMH	OPWDD
		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
a) Housing	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
b) Transportation	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
c) Crisis Services	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
d) Workforce Recruitment and Retention (service system)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
e) Employment/ Job Opportunities (clients)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f) Prevention	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
g) Inpatient Treatment Services	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
h) Recovery and Support Services	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
i) Reducing Stigma	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
j) SUD Outpatient Services	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
k) SUD Residential Treatment Services	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
l) Heroin and Opioid Programs and Services	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
m) Coordination/Integration with Other Systems for SUD clients	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
n) Mental Health Clinic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
o) Other Mental Health Outpatient Services (non-clinic)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
p) Mental Health Care Coordination	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
q) Developmental Disability Clinical Services	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
r) Developmental Disability Children Services	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
s) Developmental Disability Adult Services	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
t) Developmental Disability Student/Transition Services	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

- u) Developmental Disability Respite Services
- v) Developmental Disability Family Supports
- w) Developmental Disability Self-Directed Services
- x) Autism Services
- y) Developmental Disability Person Centered Planning
- z) Developmental Disability Residential Services
- aa) Developmental Disability Front Door
- ab) Developmental Disability Service Coordination
- ac) Other Need (Specify in Background Information)

2a. Housing - Background Information

Housing is in high demand and a critical need for Tompkins OMH, OASAS, & OPWDD populations. Tompkins recognizes that housing is a key social determinant of health that is essential in promoting recovery and best possible outcomes for our vulnerable populations. The Homeless and Housing Task Force, facilitated by the Human Services Coalition, presents topics that educate and update members on emergency shelter, supplemental food programs, affordable housing, transportation, and other emerging basic needs of homeless individuals or persons at risk of homelessness. The Homeless & Housing Task Force is also the educational arm of the Continuum of Care (CoC). The Ithaca Housing assessment has helped to further assess the high need of housing within Tompkins. Tompkins has a prioritized need for housing services and supports of all levels. Tompkins has over a decade of planning, assessment, and activities attempting to address this high need for our population including our OMH, OASAS, & OPWDD consumers. Data sources supporting this priority:

- https://hsctc.org/wp-content/uploads/2017/07/Ithaca-Tompkins-10-Year-Plan-10_11.pdf
- https://issuu.com/cityofithacaplanninganddevelopment/docs/2015_planithaca_individual_pages_is
- <http://www.cityofithaca.org/557/Action-Plans>
- http://tompkinscountyny.gov/files/planning/housing_choices/documents/HNA_2016/Survey%20of%20Special%20Needs%20Providers.pdf
- http://www.tompkinscountyny.gov/files/planning/housing_choices/documents/NOFA_CHDF_2017OpenRound.pdf
- <http://tompkinscountyny.gov/planning/housing-needs>
- <http://hsctc.org/uploads/documents/HSC%20Resources/2015%20Summary%20Homeless%20Shelter%20Figures.pdf>
- <http://hsctc.org/uploads/documents/AR2016.pdf>
- <http://www.housingtompkins.com/>
- http://www.tompkinscountyny.gov/files/planning/housing_choices/documents/OverviewofSubsidizedHousingOrganizations.pdf

Do you have a Goal related to addressing this need? Yes No

Goal Statement- Is this Goal a priority goal (Maximum 5 Objectives per goal)? Yes No

Meet the housing demand by developing new housing options licensed by OMH, OASAS, and OPWDD or other unique transitional and crisis housing options to reduce unnecessary hospitalization and incarceration in Tompkins.

Objective Statement

Objective 1: Expand levels of care in crisis, transitional, and supported housing community bed opportunities

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 2: Develop new projects for mixed use housing options

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 3: Address housing as a key social determinant of health

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 4:

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 5:

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Change Over Past 12 Months (Optional)

Tompkins population continues to increase with an average of 3% growth each year since 2015. Since 2008 Tompkins continues to see an increase in our population each year. Tompkins unique location includes being a main NYS regional catchment for multiple state OMH, OASAS, & OPWDD center discharges as well as NYS Prison releases. Reinvestment of state psychiatric and institutional bed closures savings to Tompkins would help to address housing for these vulnerable populations.

- <http://population.us/county/ny/tompkins-county/>
- https://www.newyorkupstate.com/news/2017/03/new_york_population_numbers_census_shows_which_counties_are_growing_shrinking.html

2b. Transportation - Background Information

Access to safe, affordable, and reliable transportation is in high demand for our OMH, OASAS, & OPWDD populations. Tompkin's rural populations have the highest needs for transportation to treatment and services centralized in the city of Ithaca. Travel to employment, health and human service agencies, shopping, and family and social activities is limited. This disconnects them from the resources and activities they need to lead active and productive lives. Tompkins county has multiple meetings and coalitions working to address transportation needs of our population including TCAT, Way-To-Go, and rural networks. The unique and urban and rural environment make this difficult for our OMH, OASAS, & OPWDD population.

- <https://www.tccoordinatedplan.org/the-plan.html>
- [http://onlinepubs.trb.org/onlinepubs/nchrp/docs/NCHRP20-65\(68\)_FR.pdf](http://onlinepubs.trb.org/onlinepubs/nchrp/docs/NCHRP20-65(68)_FR.pdf)
- www.tompkinscountyny.gov/files/planning/ComprehensivePlan/FINAL-March%2012-low%20res.pdf
- <https://www.tcabus.com/about/boards-committees/>
- <https://www.tccoordinatedplan.org/transportationcamp-2018.html>
- <https://www.aarp.org/content/dam/aarp/livable-communities/documents-2016/Age%20Friendly%20Ithaca%20and%20Tompkins%20County%20Action%20Plan.pdf>
- http://www.tompkinscountyny.gov/files/cofa/Medical%20Transportation%20Resources%20%203-20-2014%20dem_1.pdf
- <http://www.tompkinscountyny.gov/files/itct/upwp/upwp1718/UPWP17-18-FINAL-030717.pdf>
- <http://www.tompkinscountyny.gov/files/itct/uop/UOP2015-051915-final.pdf>
- <http://www.tompkinscountyny.gov/itct/tip>

<http://www.tompkinscountyny.gov/files/itctc/rts/RTS%20FINAL%20REPORT.pdf>

Do you have a Goal related to addressing this need? Yes No

Goal Statement- Is this Goal a priority goal (Maximum 5 Objectives per goal)? Yes No

Collaboration with existing transportation coalitions and services agencies to improve Tompkins County access to transportation to community social supports, services, and treatment for our OMH, OASAS, & OPWDD populations.

Objective Statement

Objective 1: Improve access to transportation for rural and high need populations to treatment and services

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 2: Collaborate with county and regional committees and networks to meet this demand

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Change Over Past 12 Months (Optional)

Transportation availability and accessibility has reduced in the last year. Setting up one medicaid transportation to an appointment can require multiple phone calls with over an hour of time waiting on the phone for clients and clinicians.

2c. Crisis Services - Background Information

Crisis services needs are emphasized in our housing and treatment expansion needs in Tompkins. An expanded array of crisis services in our community requires improved resources and reimbursement to ensure that emerging needs are identified and appropriate supports are available. Options to address crisis needs of Tompkins OMH, OASAS, & OPWDD expanded to include a 24 hour, 7 day per week available county wide behavioral health mobile crisis team.

Do you have a Goal related to addressing this need? Yes No

If "No", Please discuss any challenges that have precluded the development of a goal (e.g. external barriers):

Change Over Past 12 Months (Optional)

Options to address crisis needs of Tompkins OMH, OASAS, & OPWDD expanded to include a 24 hour, 7 day per week available county wide behavioral health mobile crisis team. Tompkins submitted a Crisis Plan to OMH in 2018.

2d. Workforce Recruitment and Retention (service system) - Background Information

Tompkins County has a high demand for trained clinicians and direct care staff for our OMH, OASAS, & OPWDD agencies, at a competitive wage. Tompkins high cost of living furthers this need, causing difficulty in recruitment and retention of a qualified workforce.

<http://www.tcworkerscenter.org/2017/08/tompkins-county-living-wage-biannual-update-announced-today-15-11hour/>

http://tcad.org/content/uploads/2018/04/TCAD18_forweb.pdf

<http://livingwage.mit.edu/counties/36109>

<http://tompkinscountyny.gov/wfny>

<http://tompkinscountyny.gov/files/workforceny/LaborExecSum08.pdf>

<https://www.alternatives.org/social-responsibility/impacting-our-community/living-wage-study.html>

http://tompkinscountyny.gov/files/workforceny/Tompkins%20PY14-15%20Local%20Plan_2.pdf

<http://tcad.org/economic-data/#workforce>

<https://www.tompkinschamber.org/ojt>

Do you have a Goal related to addressing this need? Yes No

If "No", Please discuss any challenges that have precluded the development of a goal (e.g. external barriers):

Change Over Past 12 Months (Optional)

Tompkins continues to show increased need for trained workforce at a competitive wage

http://tcad.org/content/uploads/2013/12/TCAD_AR_2017_web.pdf

<https://www.alternatives.org/social-responsibility/impacting-our-community/living-wage-study.html>

2f. Prevention - Background Information

Tompkins is working to increase coordination with the public health department regarding the results of there Community Health Assessment and Community Health Improvement Plan, and the need for more education, prevention, and public awareness of signes and symptoms of mental illness. Development and expansion of key adult and youth OMH, OASAS, & OPWDD treatment and services, especially for our highest risk and rural population. Development and expansion of adult SUD treatment services: detox, crisis, peers, harm reduction and youth prevention. Increase support and opportunities for local prevention efforts regarding the increase in substance abuse. Development and expansion of adult and youth MH services: ACT, peers, crisis, suicide prevention, forencis, youth and HCBS.

<http://www.clmhd.org/img/uploads/Southern%20Tier%20RPC%20Region%20HCBS%20Contact%20List1.pdf>

<http://hsctc.org/uploads/documents/AR2016.pdf>

<http://www.collaborativesolutionsnetwork.org/pdf/spoa-resource-guide.pdf>

<http://www.tompkinscountyny.gov/files/health/pnc/cha/CHIP-Tomp-2016-2018.pdf>

<http://www.tompkinscountyny.gov/files/health/pnc/cha/CHA-Tomp-2013-2017.pdf>

Do you have a Goal related to addressing this need? Yes No

Goal Statement- Is this Goal a priority goal (Maximum 5 Objectives per goal)? Yes No

Develop and expand outpatient adult and youth OMH, OASAS, & OPWDD treatment and prevention services, especially for our highest risk and rural populations to reduce unnecessary hospitalizations and incarcerations.

Objective Statement

Objective 1: Expand SUD treatment services delivery with detox, crisis, peers, harm reduction, and youth prevention

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 2: Expand MH service delivery with ACT, peers, crisis, suicide prevention, forensic, youth, and HCBS

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 3: Service provider collaboration engagement towards National and NYS healthcare transformation efforts for integrated care

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Change Over Past 12 Months (Optional)

2h. Recovery and Support Services - Background Information

Integration and collaboration of the state and local systems of care is key to the service needs in Tompkins. Community education efforts emphasizing that MH, SUD, & DD are health needs. Increase use of data informed decision making across the system of care to address cost, value, and quality. Tompkins will coordinate with wellness, recovery, and rehabilitation. Plans to expand recovery and support services through public health, anti-stigma campaigns, schools, rural networks, and social media.

Do you have a Goal related to addressing this need? Yes No

Goal Statement- Is this Goal a priority goal (Maximum 5 Objectives per goal)? Yes No

Health education effort across systems, utilizing data informed decision making to address cost, value, and quality through education and integration of public health with mental health, substance use, and developmental disabilities.

Objective Statement

Objective 1: Address workforce demand for trained clinicians and direct care staff at MH, SUD, & DD agencies at a competitive wage

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 2: Community education efforts that emphasize MH and SUD are health needs

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 3: Integration and collaboration of local systems of care

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 4: Coordinate with wellness, recovery, and rehabilitation, school based, public health, anti-stigma campaigns, rural networks, and social media

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Change Over Past 12 Months (Optional)

2i. Reducing Stigma - Background Information

Coordinate with wellness, recovery, and rehabilitation, school based, public health, anti-stigma campaigns, rural networks, and social media.

Do you have a Goal related to addressing this need? Yes No

If "No", Please discuss any challenges that have precluded the development of a goal (e.g. external barriers):

Change Over Past 12 Months (Optional)

2k. SUD Residential Treatment Services - Background Information

Tompkins supports the efforts of Cayuga Addiction Recovery Services (CARS) and Alcohol and Drug Council to expand residential and treatment SUD treatment services.

Do you have a Goal related to addressing this need? Yes No

Goal Statement- Is this Goal a priority goal (Maximum 5 Objectives per goal)? Yes No

Providing safe and stable housing for those living with alcohol and drug dependence in addition to having wrap around and other supports and services available, is essential in promoting their chances for the best possible outcomes.

Objective Statement

Objective 1: Promote affordable, safe and integrated treatment options within Tompkins County.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 2: Sober housing for those coming out of Rehab or are presently in treatment and are in sobriety, proper housing is critical for their continued recovery.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Change Over Past 12 Months (Optional)

2l. Heroin and Opioid Programs and Services - Background Information

Tompkins county is urgently concerned about population health in the current opioid crisis. A full spectrum of supports and services are being explored to address this issue such as Law Enforcement Assisted Diversion (LEAD). LEAD is a community-based diversion approach with the goals of improving public safety and public order, and reducing unnecessary justice system involvement of people who participate in the program. The City of Ithaca has worked toward addressing this crisis as well by their Municipal Drug Policy Community (MDPC) meetings.
<http://www.tompkinscountyny.gov/files/health/pnc/cha/CHA-Tomp-2013-2017.pdf>
<http://www.cityofithaca.org/documentcenter/view/4224>

Do you have a Goal related to addressing this need? Yes No

If "No", Please discuss any challenges that have precluded the development of a goal (e.g. external barriers):
 This need is already included in crisis, housing, SUD residential, and other areas of this plan.

Change Over Past 12 Months (Optional)

2ab. Developmental Disability Service Coordination - Background Information

Rapid development and transformation of DD services requires further local assessment to meet the need of Tompkins DD population.

Do you have a Goal related to addressing this need? Yes No

If "No", Please discuss any challenges that have precluded the development of a goal (e.g. external barriers):
 Included within other goals.

Change Over Past 12 Months (Optional)

3. Goals Based On State Initiatives

State Initiative	Applicable State Agenc(ies)		
	OASAS	OMH	OPWDD
a) Medicaid Redesign	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
b) Delivery System Reform Incentive Payment (DSRIP) Program	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
c) Regional Planning Consortiums (RPCs)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
d) NYS Department of Health Prevention Agenda	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

3a. Medicaid Redesign - Background Information

Tompkins County is following the guidance of the NYS Behavioral Health (BH) Transition Team for Medicaid, OASAS, OMH, DOH for implementing the transition of these services into managed care and future value based payment models. LGU has attended multiple training events and conferences lead by OASAS, OMH, DOH and is using that knowledge to prepare county providers for this transition. This guidance has been helpful and especially OMH field office representatives to address specific managed care issues.
 Tompkins would benefit from additional redesign supports and services recommended by the Medicaid Redesign Team:

- Supportive Housing Initiative seeks to ensure that Medicaid members have proper housing, which promotes a healthy environment and lifestyle.
- Clear guidance on Medicaid quality of care and population health indicators and measurement expectations.
- "Care Management for All" improvements in the provision of care management to allow care managers to serve clients rather than just providing data metrics to Health Homes and DOH.
- Reduce fragmentation and lack of coordination across the system starting with state level, through collaboration and integration among OMH, OASAS, OPWDD, & DOH to integrate regulatory, state aid, grant, and other guidance.
- Clear guidance and support in the transition from fee for service models to value based payment models which recognizes the uniqueness of safety net providers offering services for our highest need population in OMH, OASAS, & OPWDD.

Do you have a Goal related to addressing this need? Yes No

If "No", Please discuss any challenges that have precluded the development of a goal (e.g. external barriers):
 This is an overall goal being addressed in all areas of planning and development in Tompkins County.

Change Over Past 12 Months (Optional)

Increased insecurity in governmental changes at the federal level are affecting local planning efforts.

3b. Delivery System Reform Incentive Payment (DSRIP) Program - Background Information

Tompkins county has worked to participate and collaborate with the local Delivery System Reform Incentive Payment (DSRIP) performance provider system (PPS) Care Compass Network (CCN). Tompkins goals and needs match well with the CCN priorities. Multiple OMH OASAS providers within Tompkins are participating in CCN projects and exploring other DSRIP goals. Tompkins acknowledges the DSRIP's purpose is to fundamentally restructure the health care delivery system by reinvesting in the Medicaid program, with the primary goal of reducing avoidable hospital use by 25%. Additional reinvestment to help with this restructuring is needed within Tompkins. We are glad to see some early progress through our involvement with CCN at all levels for our services. Tompkins DSRIP achievements and continued needs:

- Cayuga Medical Center collaboration with CCN as our main hospital system and main 9.39 hospital for Tompkins and region.
- Tompkins' OASAS provider, Alcohol and Drug Council, was awarded a CCN innovation grant of \$500,000 to start a unique detoxification with crisis stabilization and rehabilitation program within Tompkins and available to the region.
- TCMHS partnership with Suicide Prevention Crisis Services to expand crisis services 24 hours per day/ 7 days per week within Tompkins county.
- OASAS providers offering integrated behavioral health care via CCN projects.
- OMH providers are exploring CCN crisis respite projects for future development.
- Planning for improved collaboration and coordination across the silos of OMH, OASAS, & DOH.

Do you have a Goal related to addressing this need? Yes No

If "No", Please discuss any challenges that have precluded the development of a goal (e.g. external barriers):
This is an overall goal being addressed in all areas of planning and development in Tompkins County.

Change Over Past 12 Months (Optional)

Increased insecurity in governmental changes at the federal level are affecting local planning efforts.

3c. Regional Planning Consortiums (RPCs) - Background Information

Tompkins has participated with the Regional Planning Consortiums (RPC) via the Southern Tier RPC. Multiple Tompkins providers and DCS are on the Southern Tier RPC board of directors and lead planning workgroups. The RPC process allows collaboration, problem solving and system improvements for the integration of mental health, addiction treatment services and physical healthcare can occur in a way that is data informed, person and family centered, cost efficient and results in improved overall health for adults and children in our county. The Tompkins and Southern Tier RPC continues to assess needs and prioritize concerns.

<http://www.clmhd.org/img/uploads/ST%20RPC%20Meeting%20Minutes%20Packet%203-9-17.pdf>

Do you have a Goal related to addressing this need? Yes No

If "No", Please discuss any challenges that have precluded the development of a goal (e.g. external barriers):
This is an overall goal being addressed in all areas of planning and development in Tompkins County.

Change Over Past 12 Months (Optional)

Increased insecurity in governmental changes at the federal level are affecting local planning efforts.

3d. NYS Department of Health Prevention Agenda - Background Information

<http://www.tompkinscountyny.gov/files/health/pnc/cha/CHA-Tomp-2013-2017.pdf>

<http://www.tompkinscountyny.gov/files/health/pnc/cha/CHIP-Tomp-2016-2018.pdf>

Do you have a Goal related to addressing this need? Yes No

Goal Statement- Is this Goal a priority goal? Yes No

This is an overall goal being addressed in all areas of planning and development in Tompkins County.

Objective Statement

Change Over Past 12 Months (Optional)

Increased insecurity in governmental changes at the federal level are affecting local planning efforts.

4. Other Goals (Optional)

Other Goals - Background Information

Do you have a Goal related to addressing this need? Yes No

Change Over Past 12 Months (Optional)

Office of Mental Health Agency Planning Survey
 Tompkins County Mental Health Services (70130)
 Certified: Sharon MacDougall (6/17/18)

1. To the extent known and available, please rate the level of difficulty faced by licensed mental health (Article 31) clinic treatment providers in your county for recruiting and retaining the following professional titles. Rank 1 as not difficult at all, and 5 as very difficult. This judgment should be made for clinic programs county-wide, when there is more than one clinic. If the title does not apply, or you are unable to make a determination, select "n/a". This should only apply for staff positions that are available to fill; not unfunded positions.

	Recruitment	Retention	Please indicate the reasons for difficulty, when known (e.g., no available workers, salary competitiveness, etc.), along with any other detail that may be useful to understand the issue.
Psychiatrist	5	3	
Physician (non-psychiatrist)	5	4	
Psychologist (PhD/PsyD)	4	3	
Nurse Practitioner	5	5	
RN/LPN (non-NP)	5	5	
Physician Assistant	3	3	
LMSW	4	4	
LCSW	5	4	
Licensed Mental Health Practitioner (LMHC/LMFT/LCAT/Lpsy)	3	3	
Peer specialist	4	4	
Family peer advocate	4	4	

2. Please list any professions or titles not listed above, for which any mental health providers in your county face difficulty recruiting or retaining

3. Please indicate how many, if any, programs in your county provided input specific to this questions set.

Tompkins County Mental Health Services
 Family & Childrens Services

Thank you for participating in the 2019 Mental Hygiene Local Services Planning Process by completing this survey. Questions regarding the content of this survey should be directed to Jeremy Darman jeremy.darman@omh.ny.gov. For any technical questions regarding the County Planning System, please contact the OASAS Planning Unit at oasasplanning@oasas.ny.gov.

Community Service Board Roster
Tompkins County Mental Health Services (70130)
Certified: Sharon MacDougall (6/19/18)

Note: There must be 15 board members (counties under 100,000 population may opt for a 9-member board). Indicate if member is a licensed physician or certified psychologist. Under item labeled "Represents", enter the name of the member's organization or enter "Consumer", "Family", "Public Representative", etc. to indicate the particular community interest being represented. Members shall serve four-year staggered terms.

Chairperson		Member	
Name	Khaki Wunderlich	Name	Mary Morog
Physician	No	Physician	No
Psychologist	No	Psychologist	Yes
Term Expires	12/31/2021	Term Expires	12/31/2019
eMail	KBW@TC3.edu	eMail	mcmorog@morogpsych.org
Member		Member	
Name	Sheila McEnery	Name	Janette Lynch
Physician	No	Physician	No
Psychologist	No	Psychologist	No
Term Expires	12/31/2019	Term Expires	12/31/2019
eMail	smcenery@icsd.k12.ny.us	eMail	jan@fliconline.org
Member		Member	
Name	Paula Winner	Name	Cris Donovan
Physician	No	Physician	No
Psychologist	No	Psychologist	No
Term Expires	12/31/2018	Term Expires	12/31/2018
eMail	pj54winner@gmail.com	eMail	cris@RACKERCENTERS.org
Member		Member	
Name	Carol Booth	Name	Mary Hutchens
Physician	No	Physician	No
Psychologist	No	Psychologist	No
Term Expires	12/31/2019	Term Expires	12/31/2021
eMail	cabteachworld@hotmail.com	eMail	maryhcss@rackercenters.org
Member		Member	
Name	Larry Roberts	Name	Stu Bergman
Physician	No	Physician	No
Psychologist	No	Psychologist	No
Represents	Consumer	Term Expires	12/31/2021
Term Expires	12/31/2019	eMail	stubergerman@gmail.com
eMail	larry@fliconline.org		
Member		Member	
Name	Auguste Duplan	Name	Kevin McKenna
Physician	Yes	Physician	No
Psychologist	No	Psychologist	No
Term Expires	12/31/2021	Represents	Law Enforcement
eMail	aduplan@cayugamed.org	Term Expires	12/31/2021
		eMail	mckenna114@hotmail.com
Member		Member	
Name	Harmony Ayers-Friedlander	Name	Susan Crowell
Physician	No	Physician	No
Psychologist	No	Psychologist	No
Term Expires	12/31/2018	Represents	family member
eMail	hayes@twcny.rr.com	Term Expires	12/31/2018
		eMail	scrowell808@gmail.com

Alcoholism and Substance Abuse Subcommittee Roster
 Tompkins County Mental Health Services (70130)
 Certified: Sharon MacDougall (6/19/18)

Note: The subcommittee shall have no more than nine members. Three subcommittee members must be members of the board; those members should be identified here. Under item labeled "Represents", enter the name of the member's organization or enter "Consumer", "Family", "Public Representative", etc. to indicate the perspective the member brings to the subcommittee.

Chairperson

Name Stu Bergman
eMail stubergman@aol.com
Is CSB Member Yes

Member

Name Kevin McKenna
Represents Law Enforcement
eMail makenna14@hotmail.com
Is CSB Member Yes

Member

Name Susan Crowell
Represents Family Member
eMail scrowell808@gmail.com
Is CSB Member Yes

Member

Name Ronald Schoneman
eMail howjog@aol.com
Is CSB Member No

Member

Name Tom Lipa
eMail LipaT@tc3.edu
Is CSB Member No

Member

Name Kathleen Marco-Blair
eMail kam377@cornell.edu
Is CSB Member No

Member

Name Tom Parsons
Represents First Responder/Fire Department
eMail ctp^@mac.com
Is CSB Member No

Member

Name G.P. Zurneda
eMail gpzurenda@gmail.com
Is CSB Member No

Member

Name Daniel Sudilovsky
Represents Physician
eMail dsudilovsky@cayugamed.org
Is CSB Member No

Mental Health Subcommittee Roster
Tompkins County Mental Health Services (70130)
Certified: Sharon MacDougall (6/19/18)

Note: The subcommittee shall have no more than eleven members. Three subcommittee members must be members of the board; those members should be identified here. Under item labeled "Represents", enter the name of the member's organization or enter "Consumer", "Family", "Public Representative", etc. to indicate the perspective the member brings to the subcommittee.

Chairperson

Name Larry Roberts
Represents consumer
eMail larryroberts@fliconline.org
Is CSB Member Yes

Member

Name Mary Hutchens
eMail maryhcss@rackercenters.org
Is CSB Member Yes

Member

Name Paula Winner
eMail pj54winner@gmail.com
Is CSB Member Yes

Member

Name Leslie Connors
eMail lconnors@tompskins-co.org
Is CSB Member No

Member

Name Paul Blumenthal
Represents consumer
eMail pb3333333333@yahoo.com
Is CSB Member No

Member

Name Chris Decker
Represents Geriatric
eMail ckdecker4@hotmail.com
Is CSB Member No

Member

Name Jean Poland
Represents family
eMail jp126@cornell.edu
Is CSB Member No

Member

Name Edward Bergman
eMail ebergman12345@gmail.com
Is CSB Member No

Member

Name Tracy Decker
eMail tdecker@lakeviewmhs.org
Is CSB Member No

Developmental Disabilities Subcommittee Roster
 Tompkins County Mental Health Services (70130)
 Certified: Sharon MacDougall (6/19/18)

Note: The subcommittee shall have no more than nine members. Three subcommittee members must be members of the board; those members should be identified here. Under item labeled "Represents", enter the name of the member's organization or enter "Consumer", "Family", "Public Representative", etc. to indicate the perspective the member brings to the subcommittee.

Chairperson

Name Cris Donovan
eMail cris@rackercenters.org
Is CSB Member Yes

Member

Name Sheila McEnery
eMail smcenery@icsd.k.12.ny.us
Is CSB Member Yes

Member

Name Jan Lynch
eMail janlynch83@gmail.com
Is CSB Member Yes

Member

Name Jeffrey Boles
Represents consumer
eMail jeff@fliconline.org
Is CSB Member No

Member

Name Ellice Switzer
eMail es656@cornell.edu
Is CSB Member No

Member

Name Joanie Groome
eMail joang@cityofithaca.org
Is CSB Member No

Member

Name Nancy Saltzman
Represents family
eMail nsanse@gmail.com
Is CSB Member No

Member

Name Stacey Caskey
eMail SRCASKEY8@yahoo.com
Is CSB Member No

2019 Mental Hygiene Local Planning Assurance
Tompkins County Mental Health Services (70130)
Certified: Sharon MacDougall (6/17/18)

Pursuant to Article 41 of the Mental Hygiene Law, we assure and certify that:

Representatives of facilities of the offices of the department; directors of district developmental services offices; directors of hospital-based mental health services; directors of community mental health centers, voluntary agencies; persons and families who receive services and advocates; other providers of services have been formally invited to participate in, and provide information for, the local planning process relative to the development of the Local Services Plan;

The Community Services Board and the Subcommittees for Alcoholism and Substance Abuse, Mental Health, and Developmental Disabilities have provided advice to the Director of Community Services and have participated in the development of the Local Services Plan. The full Board and the Subcommittees have had an opportunity to review and comment on the contents of the plan and have received the completed document. Any disputes which may have arisen, as part of the local planning process regarding elements of the plan, have been or will be addressed in accordance with procedures outlined in Mental Hygiene Law Section 41.16(c);

The Community Services Board and the Subcommittees for Alcoholism and Substance Abuse, Mental Health, and Developmental Disabilities meet regularly during the year, and the Board has established bylaws for its operation, has defined the number of officers and members that will comprise a quorum, and has membership which is broadly representative of the age, sex, race, and other ethnic characteristics of the area served. The Board has established procedures to ensure that all meetings are conducted in accordance with the Open Meetings Law, which requires that meetings of public bodies be open to the general public, that advance public notice of meetings be given, and that minutes be taken of all meetings and be available to the public.

OASAS, OMH and OPWDD accept the certified 2019 Local Services Planning Assurance form in the Online County Planning System as the official LGU assurance that the above conditions have been met for the 2019 Local Services planning process.